

Youth Risk Behavior Survey Follow-Up

School Committee

January 18, 2022

Areas of Concern Among Our Youth

- **Stress and Anxiety**
- **Thoughts of Self Harm**
- **Suicidal Ideation**

Who Should Address the Problem?

- **Parents**
- **Town Government**
- **Schools**

Acknowledging School System Constraints

- Covid-19/Omicron Surge
- Staffing
- Budget

Schools: Recommended Priorities for Coming School Year

- **Maintain Social Worker Staffing**
- **Develop a Youth Mentorship Program**
- **Additional Staff Training on Youth Mental Health**