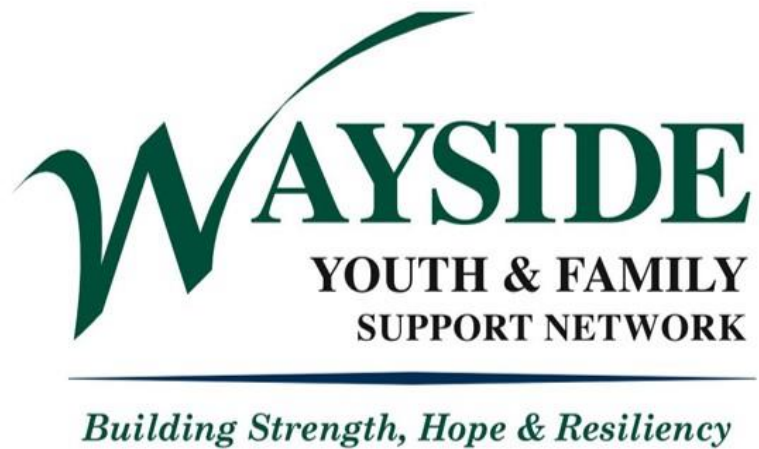


Presentation to the School Committee by the Belmont Wellness Coalition



Belmont Middle School and High School Social-Emotional Learning Survey Results

School Committee Meeting
April 27th, 2021

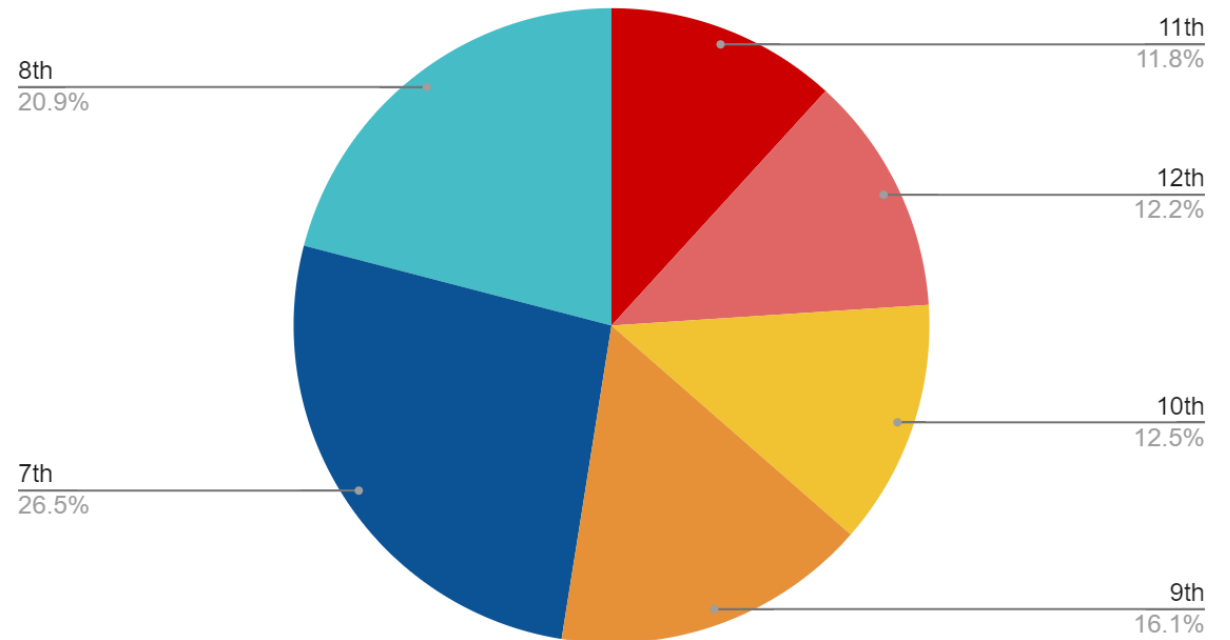
Survey Purpose

The impetus for administering the SEL Survey was to understand how the pandemic was impacting our students socially and emotionally, and therefore where they require additional support.

Survey Implementation

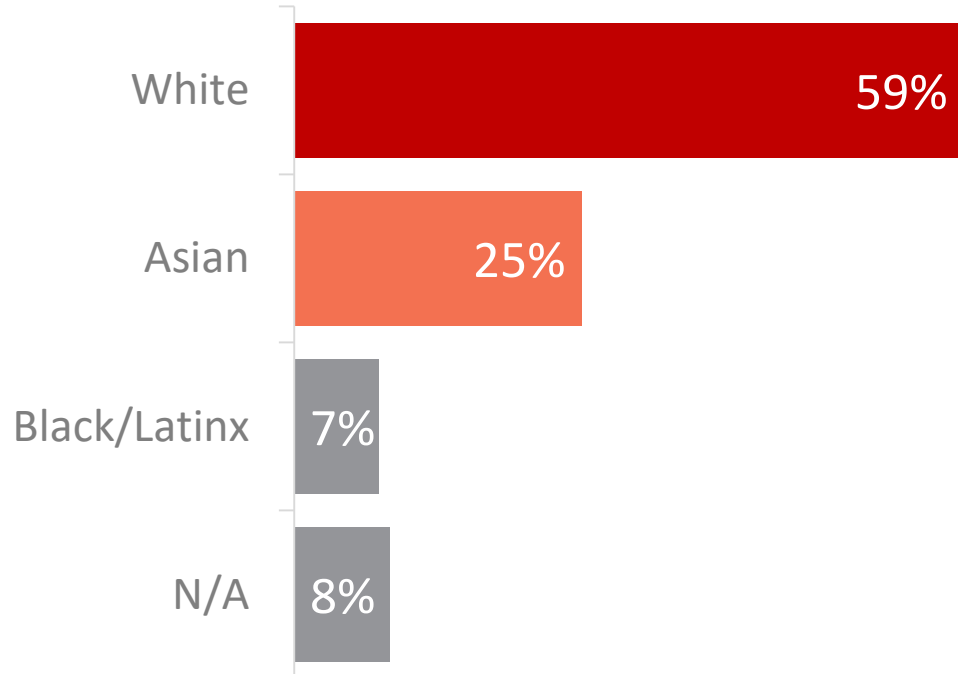
- December 2020 and January 2021
- 697 students from 7th to 12th grades

Grades

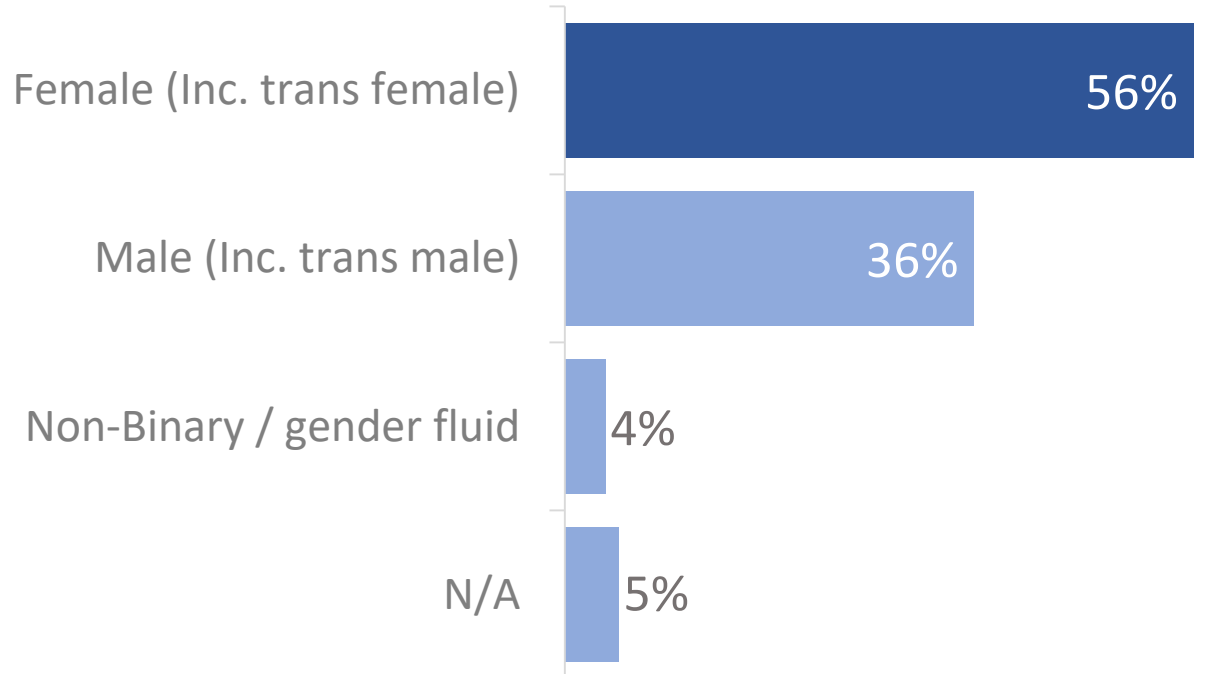


Demographics

By Race

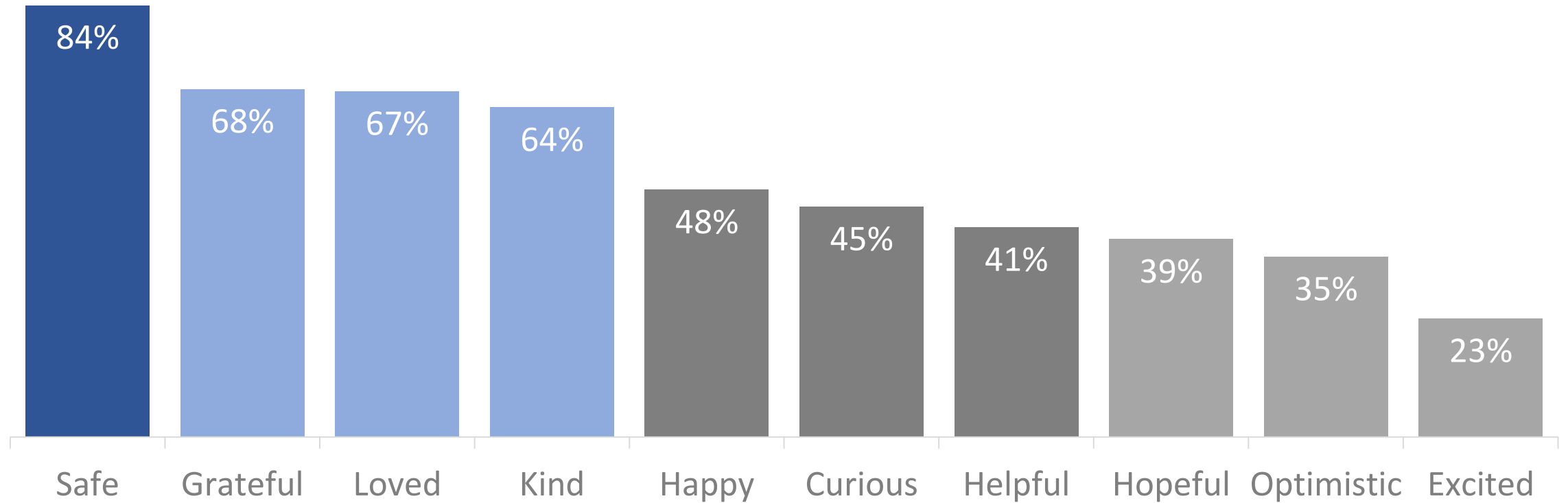


By Gender



Positive emotions

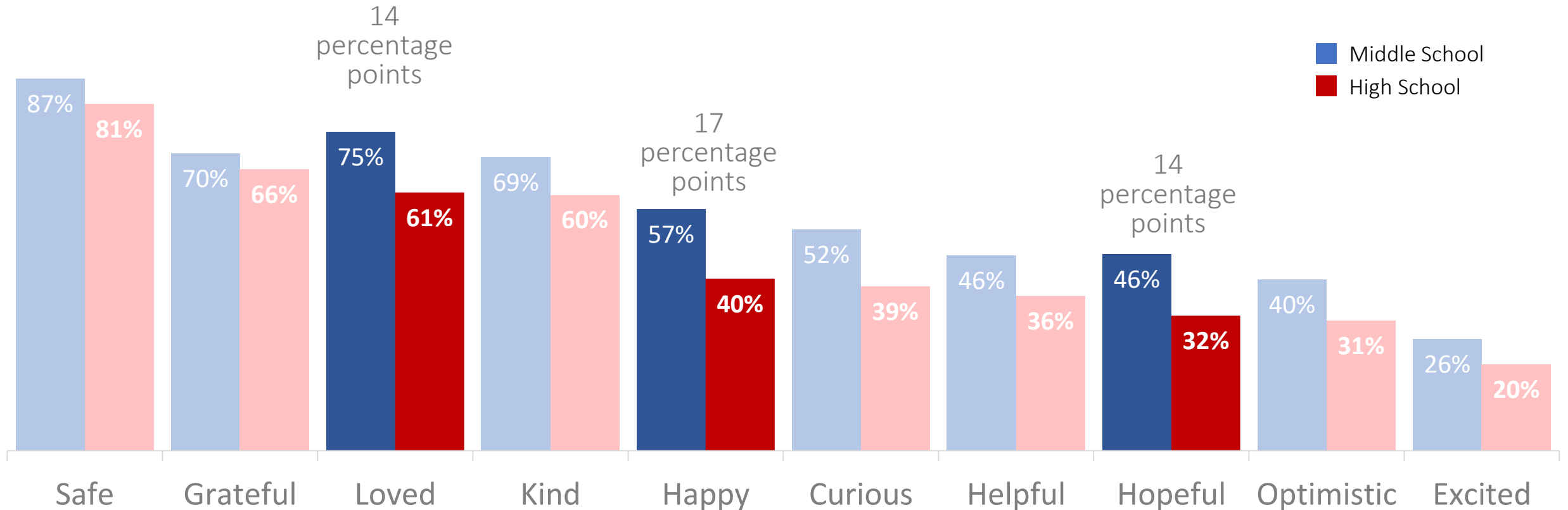
During the past week, How often did you feel ...?
Percent who selected frequently or almost always



Positive emotions by school

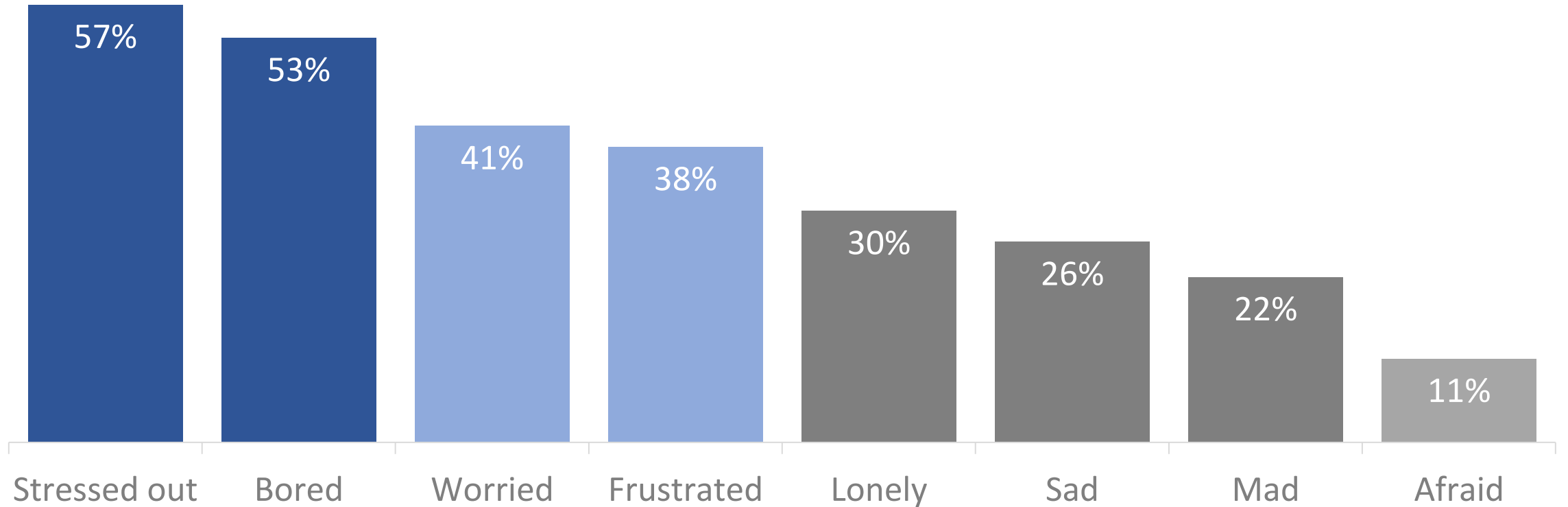
During the past week, How often did you feel ...?
Percent who selected frequently or almost always

Clear drop of positive emotions from Middle School to High School



Negative emotions

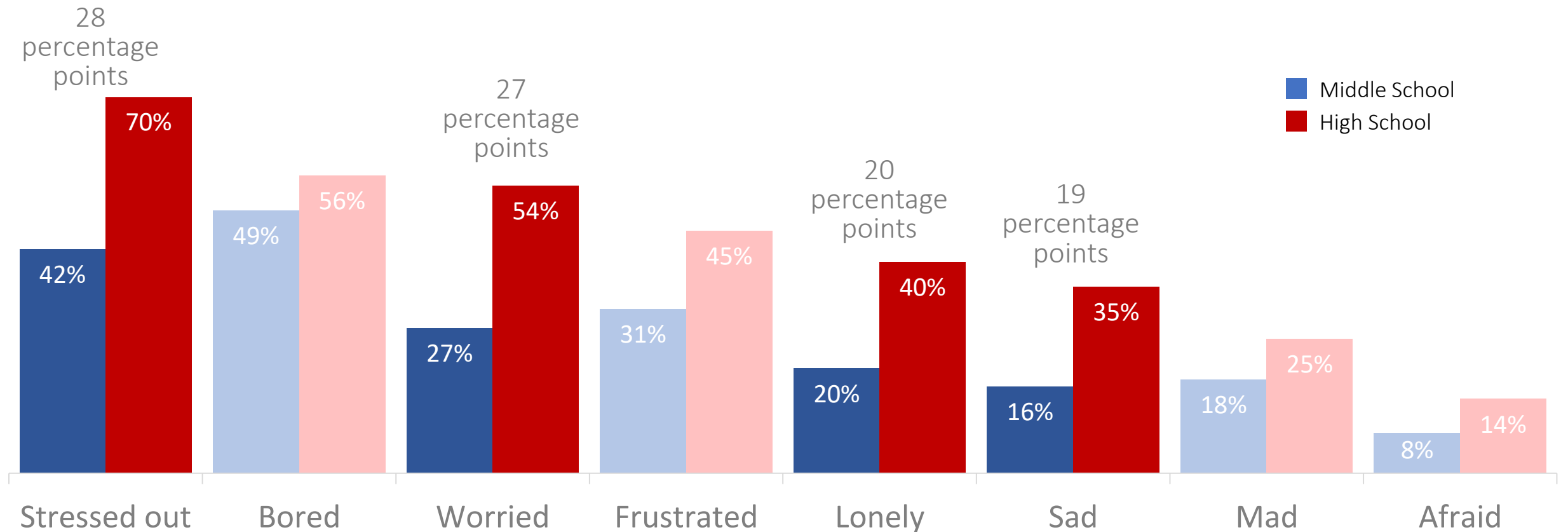
During the past week, How often did you feel ...?
Percent who selected frequently or almost always



Negative emotions

During the past week, How often did you feel ...?
Percent who selected frequently or almost always

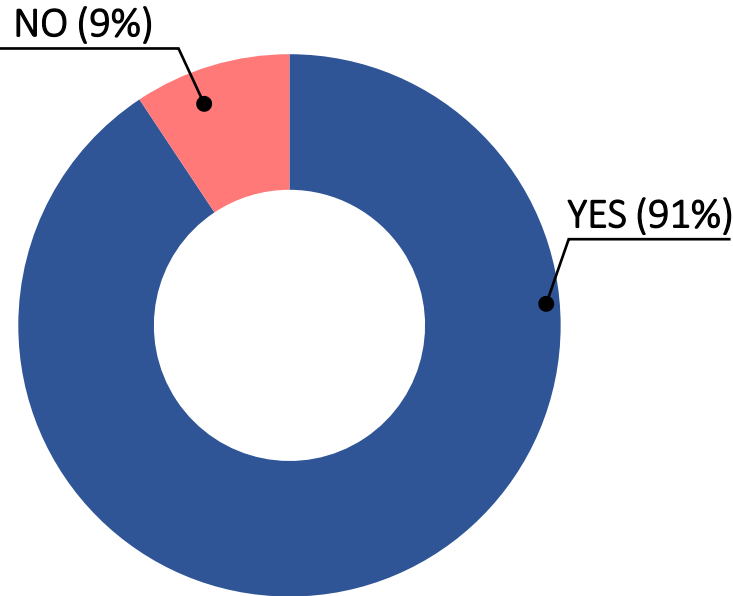
Clear increase of negative emotions from Middle School to High School



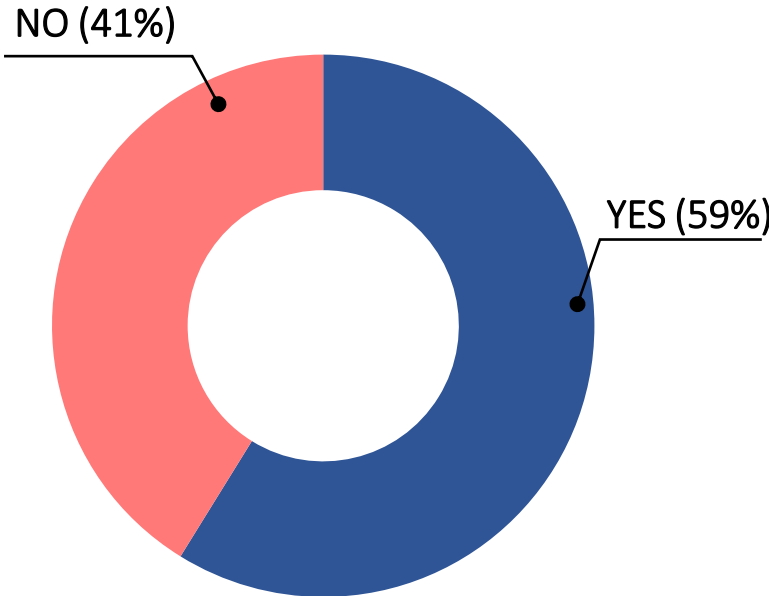
Connection with others

...they can count on to help them, no matter what?

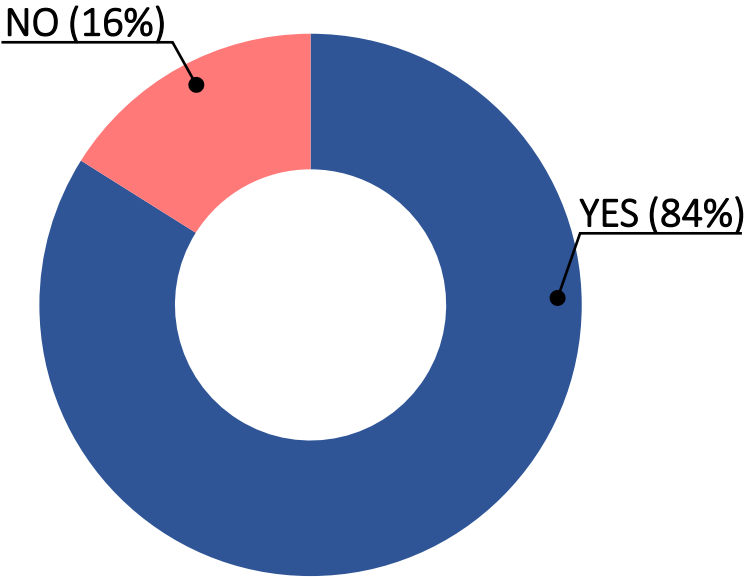
Family member or other adult outside of school



A teacher or other adults from school



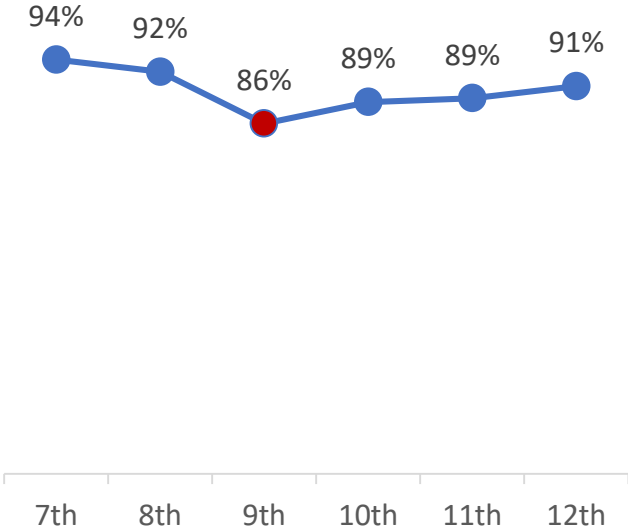
Friend from school



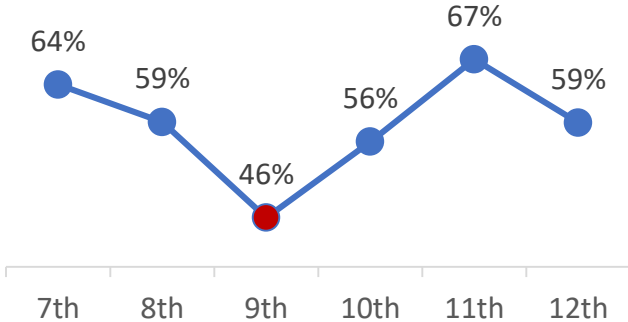
Connection with others

...they can count on to help them, no matter what?

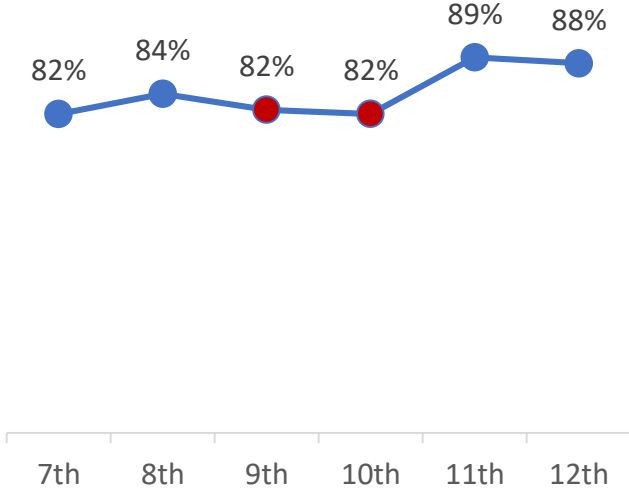
Family member or other adult outside of school



A teacher or other adults from school



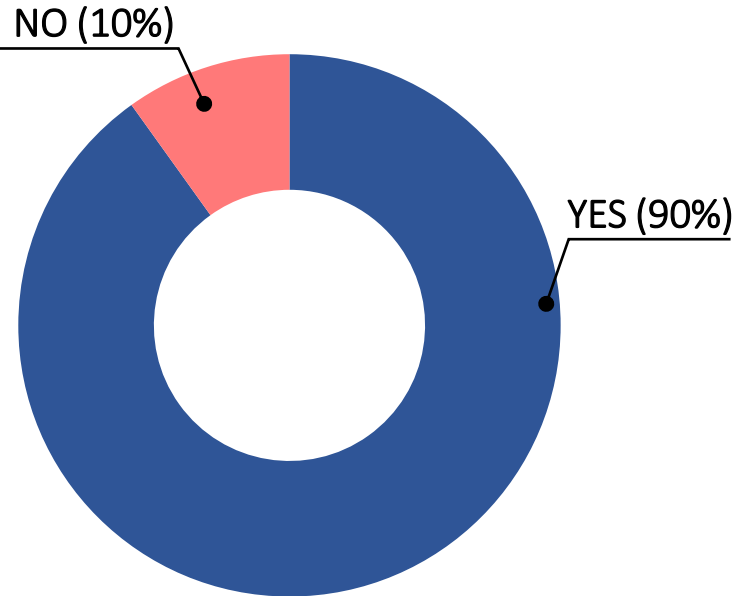
Friend from school



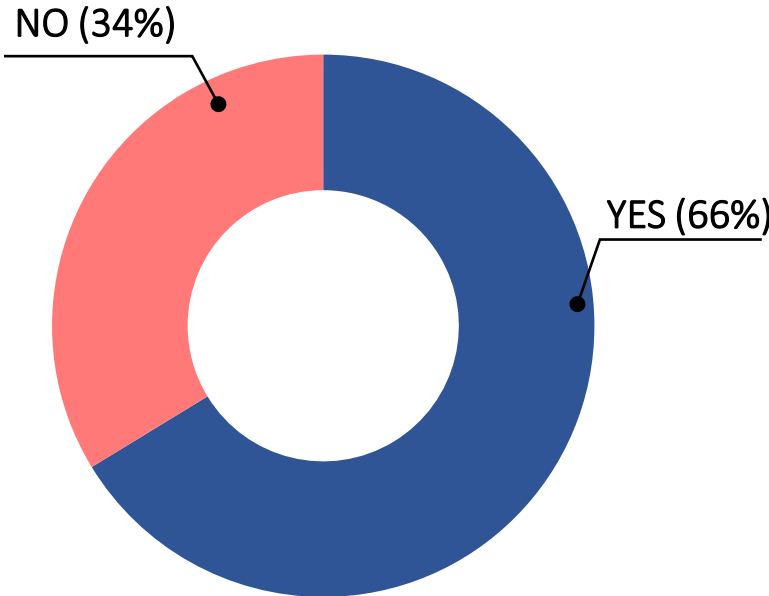
Connection with others

...who they can be themselves around?

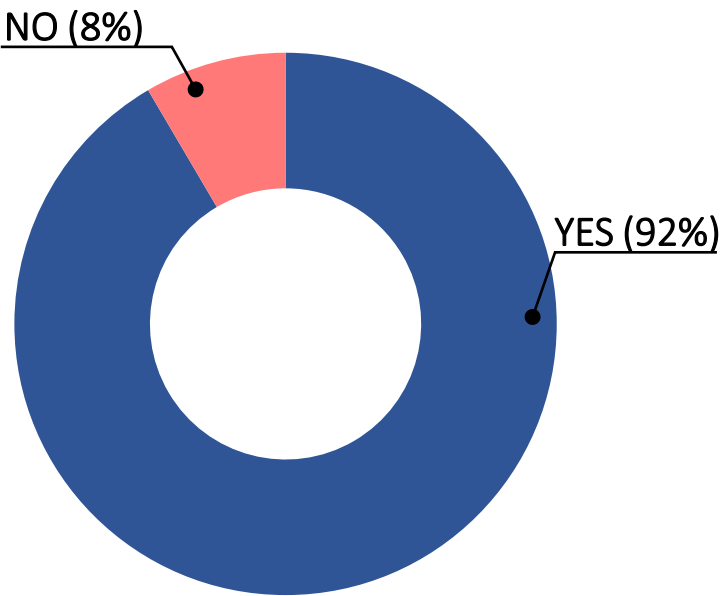
Family member or other adult outside of school



A teacher or other adults from school



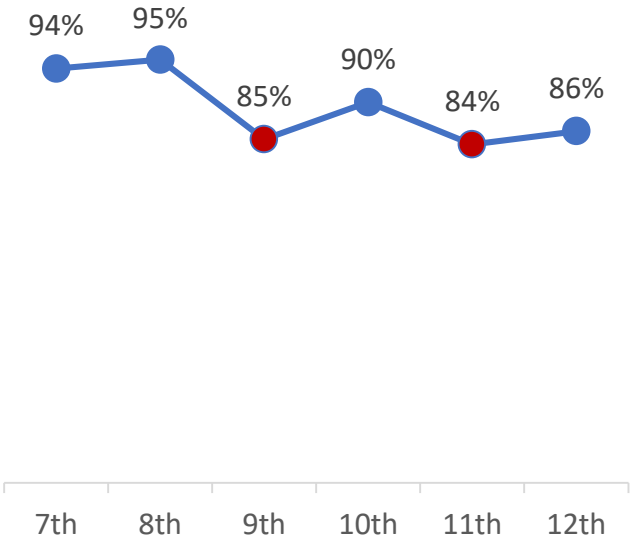
Friend from school



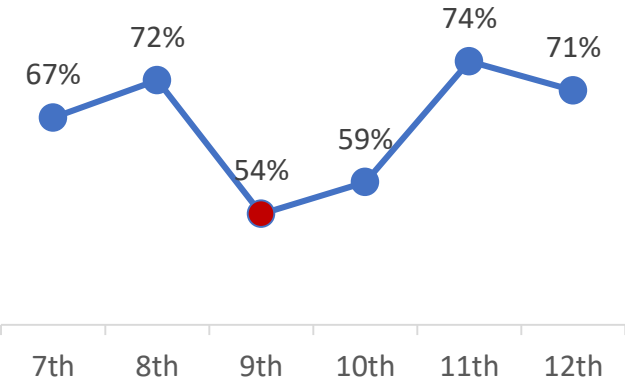
Connection with others

...who they can **be themselves** around?

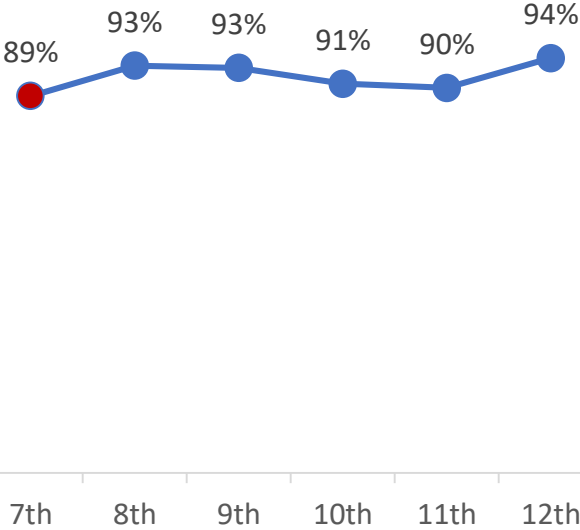
Family member or other adult outside of school



A teacher or other adults from school



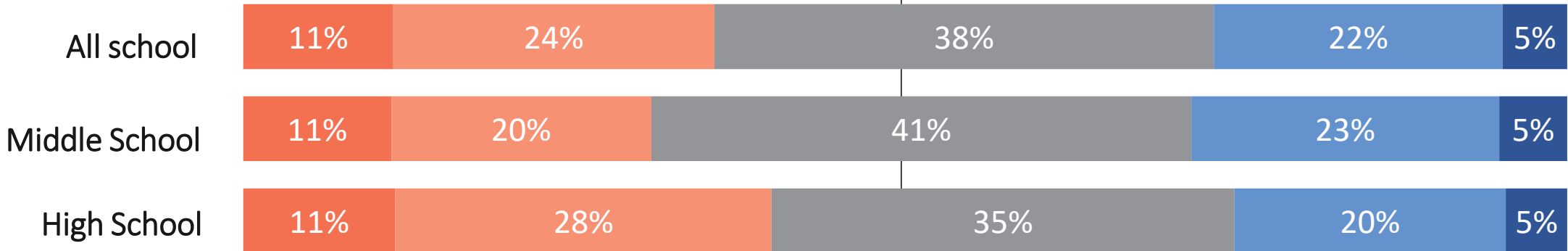
Friend from school



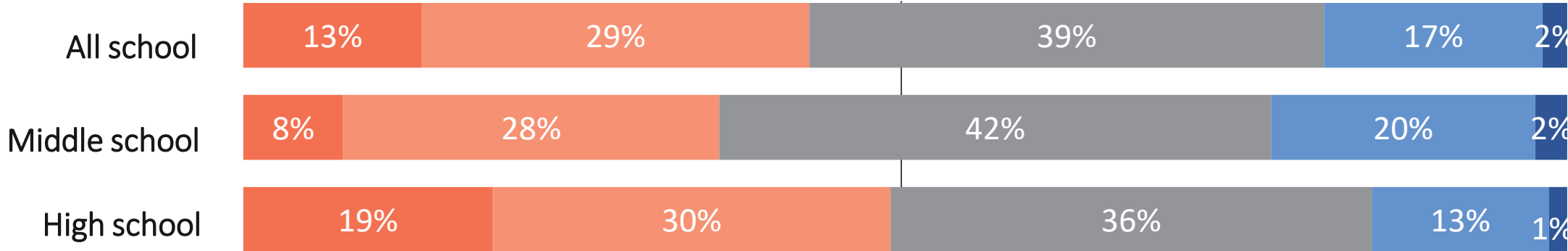
Connection with Adults and Peers



How connected do you feel to other students at your school?



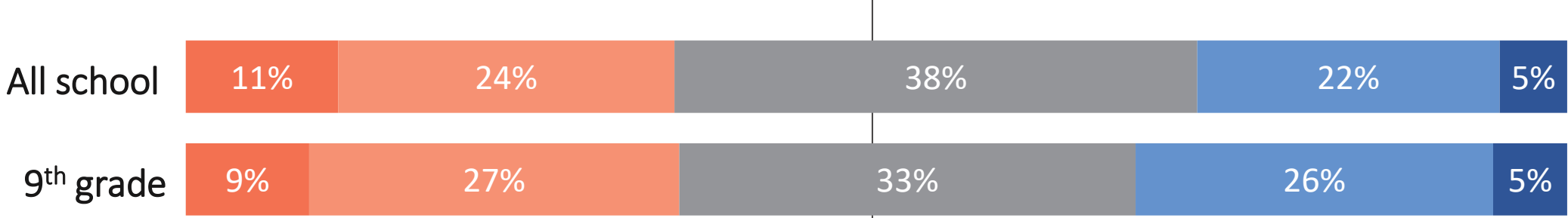
How connected do you feel to the adults at your school?



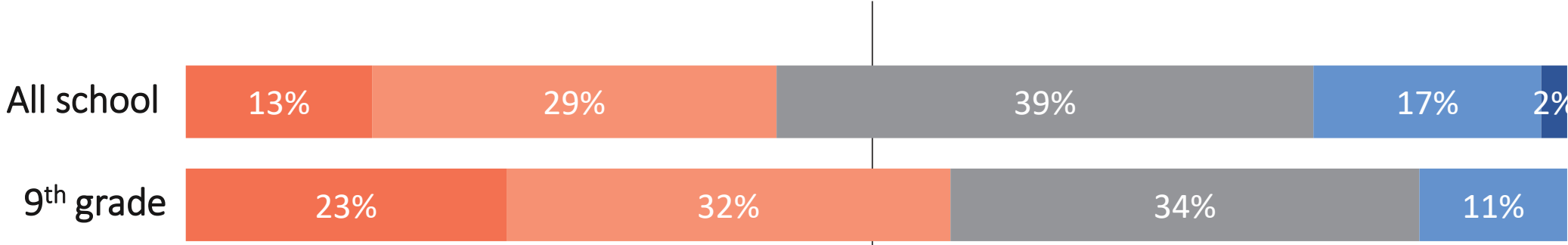
Connection with Adults and Peers 9th grade



How connected do you feel to other students at your school?



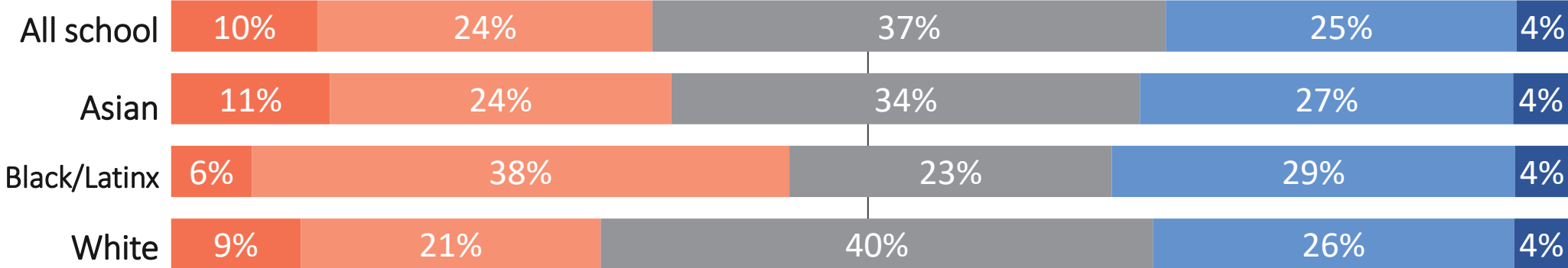
How connected do you feel to the adults at your school?



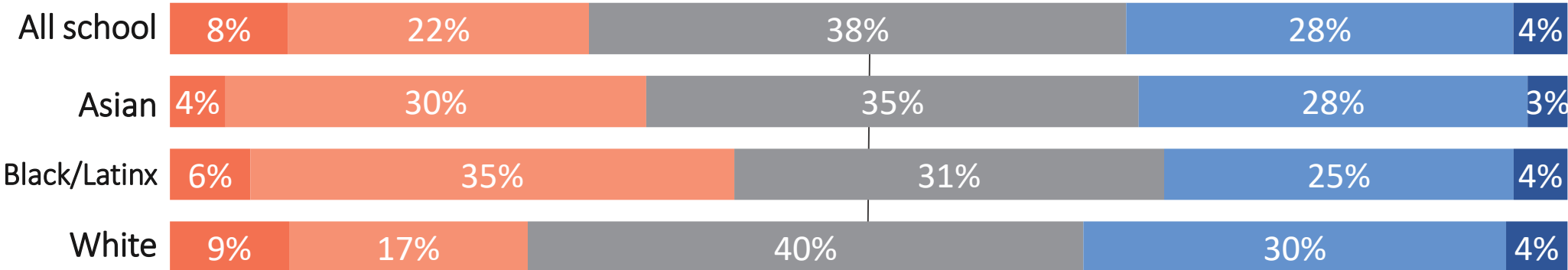
Sense of belonging



How much do you think you matter to others at this school?



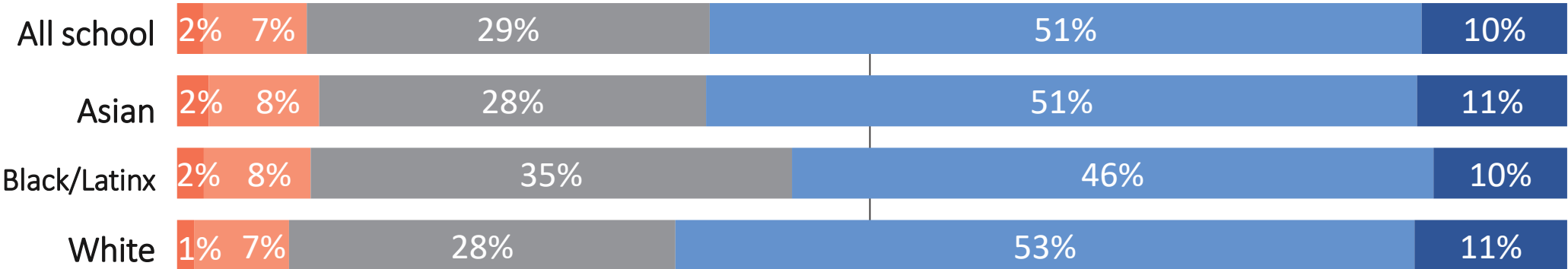
How well do people at your school understand you as a person?



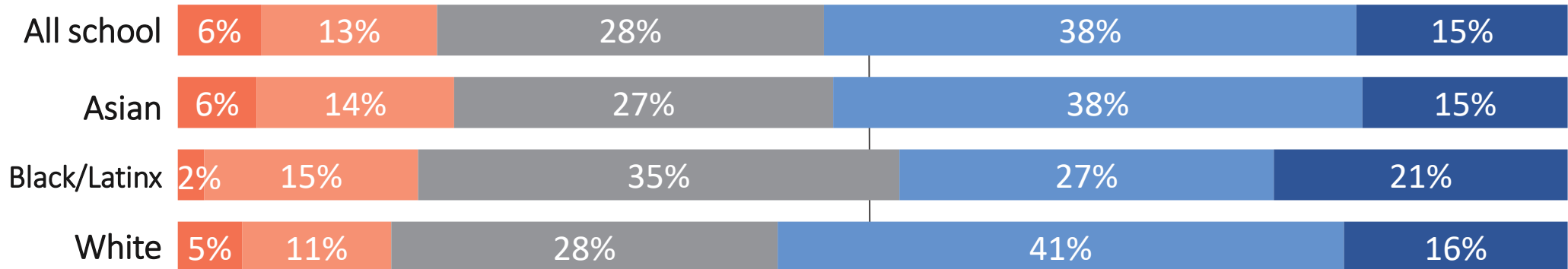
Sense of belonging



How much respect do students in your school show you?

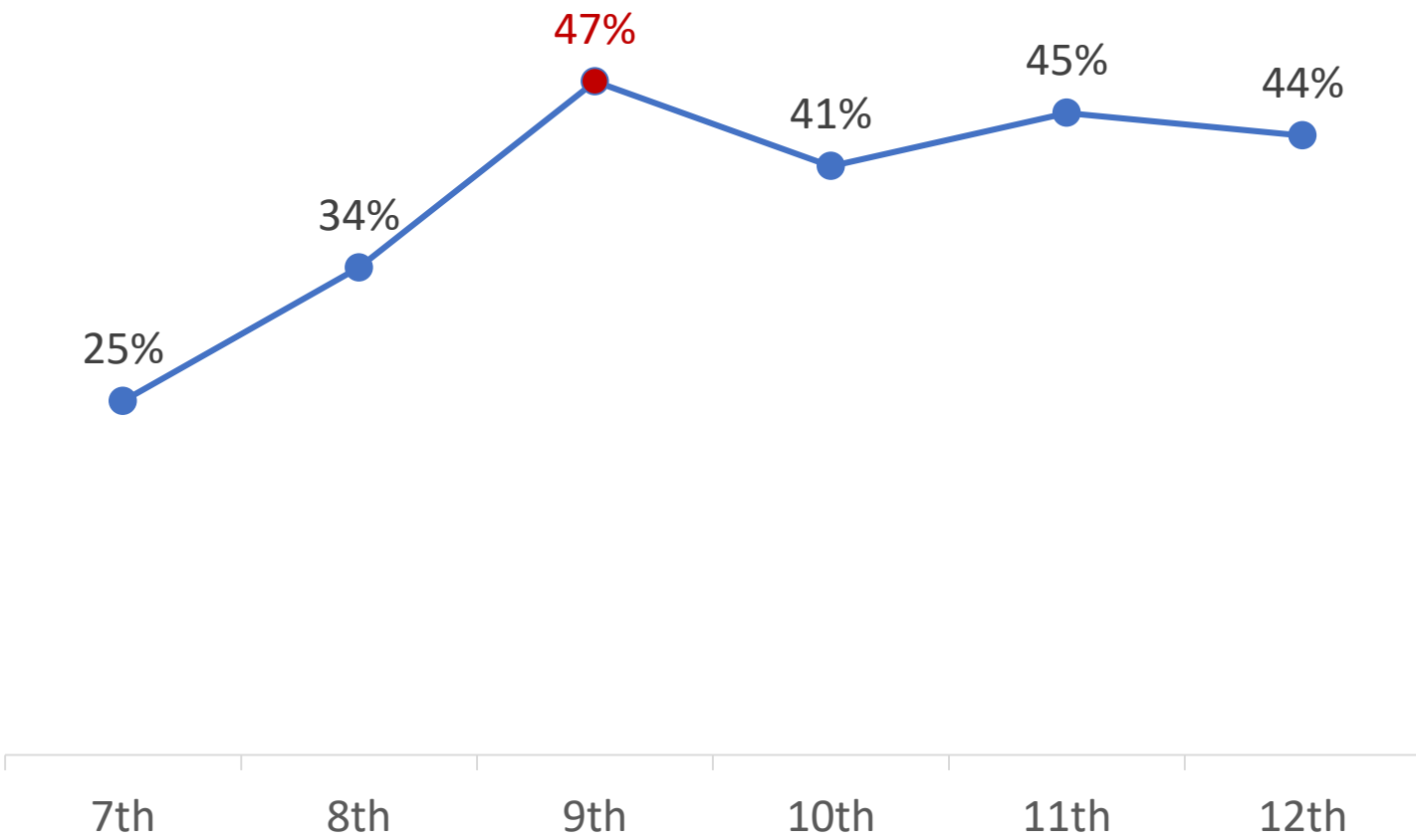


Overall, how much do you feel like you belong at your school?

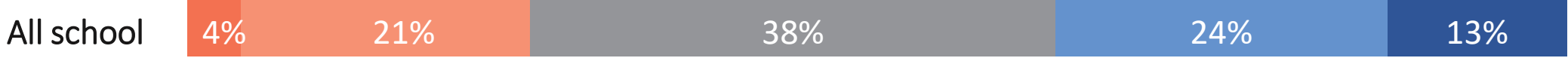


Overwhelming Stress

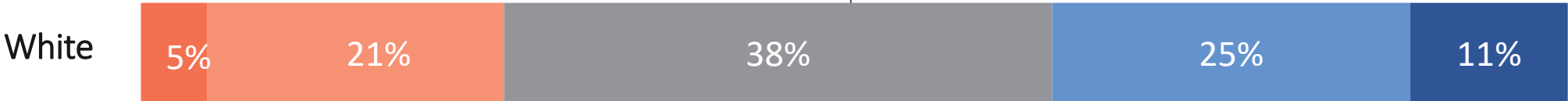
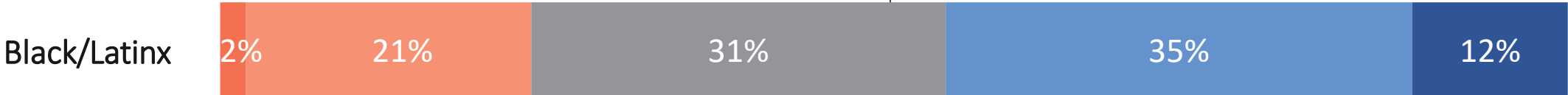
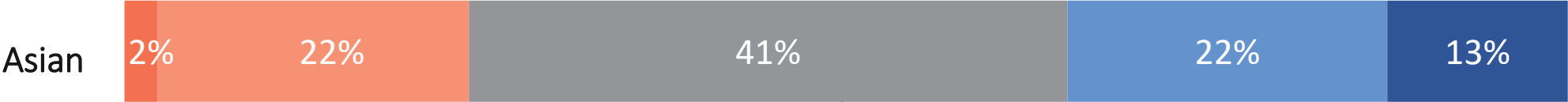
Percentage of students that respond **always** and **most of the time** feeling overwhelming stress



Overwhelming Stress



Ethnicity/Race



Overwhelming Stress



All school



Gender Identity

Female (Inc. transgender)



Male (Inc. Transgender)



Non-binary or Gender fluid



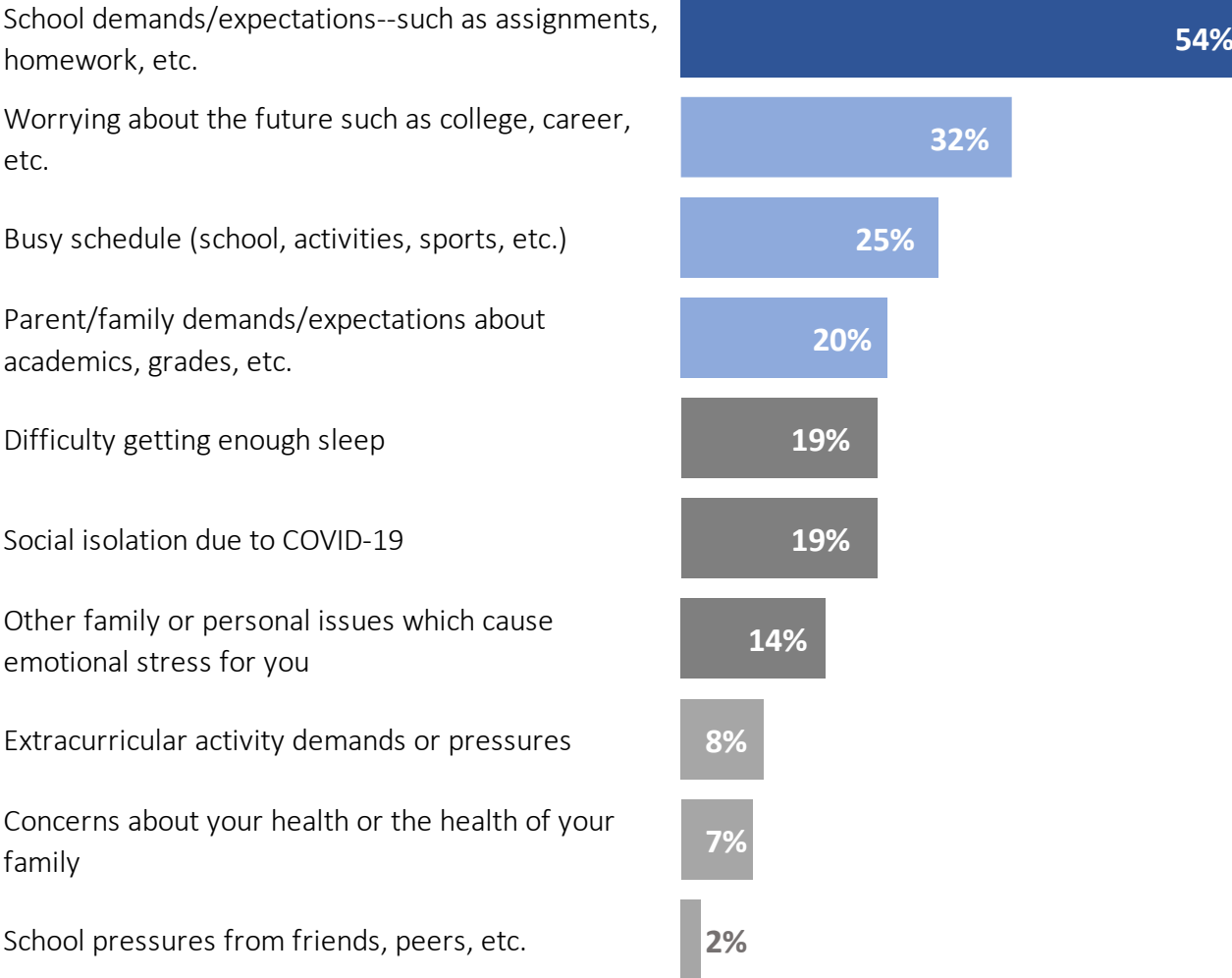
Prefer not to answer



Source of stress

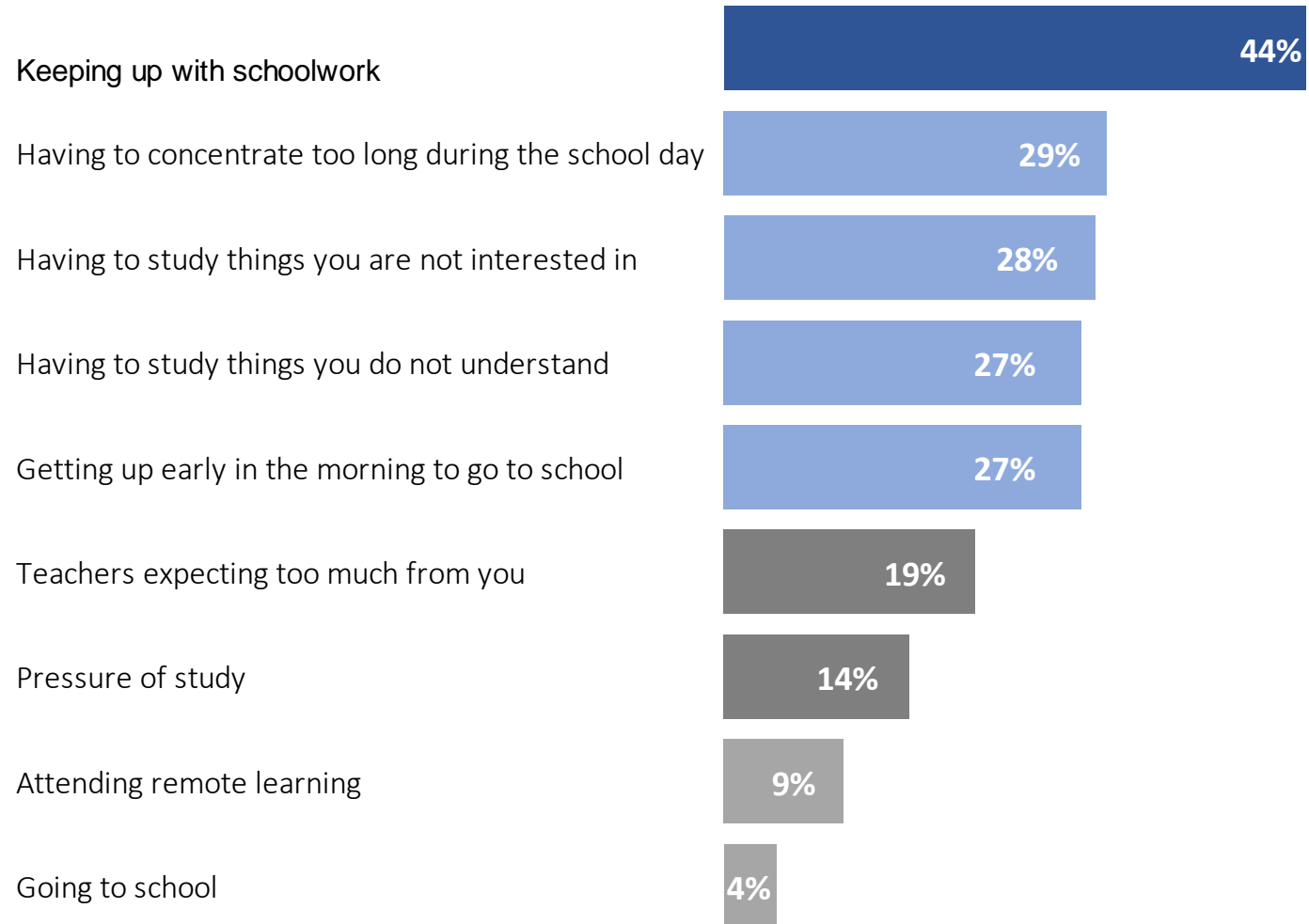
Causes for the most negative stress

Top2



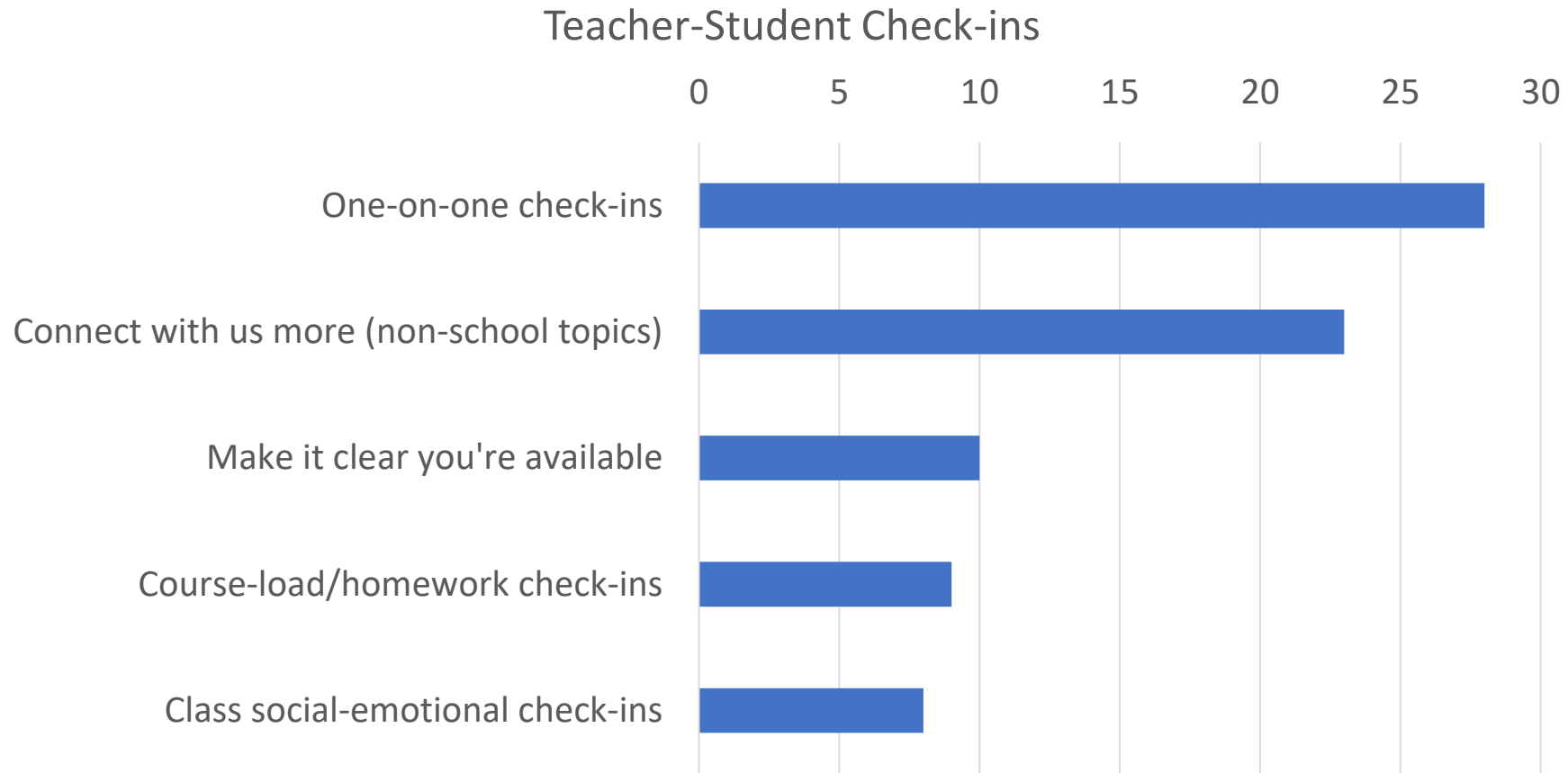
Most stressful about school

Top2



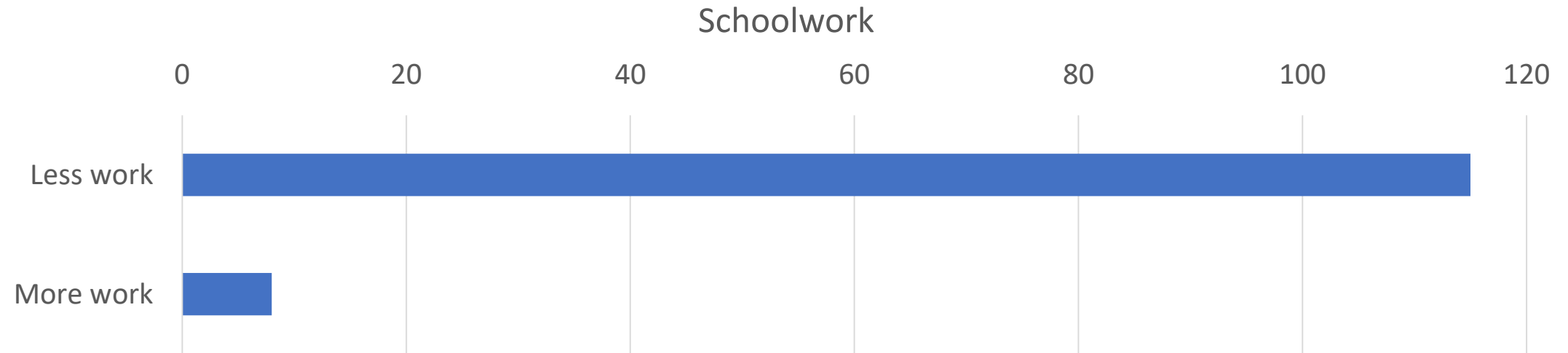
Suggestions for Teacher-Student Check-ins

N=332



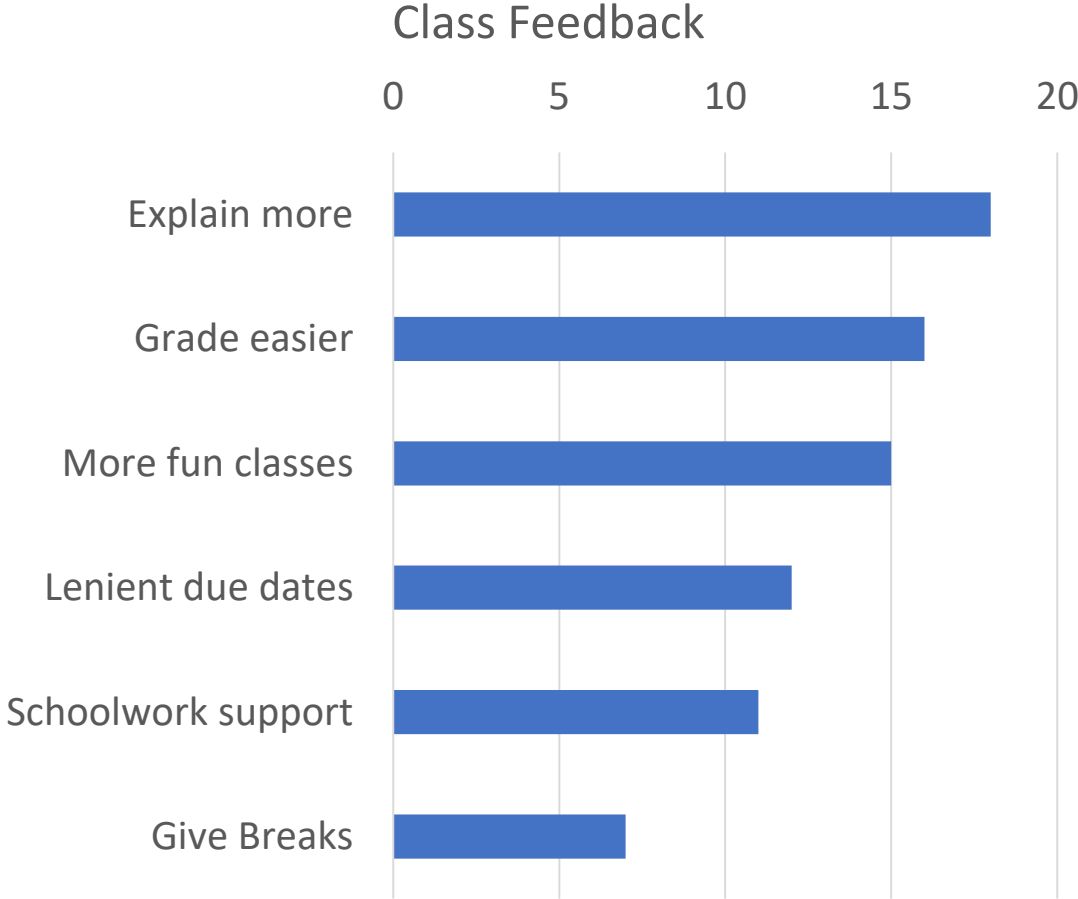
Suggestions about schoolwork

N=332



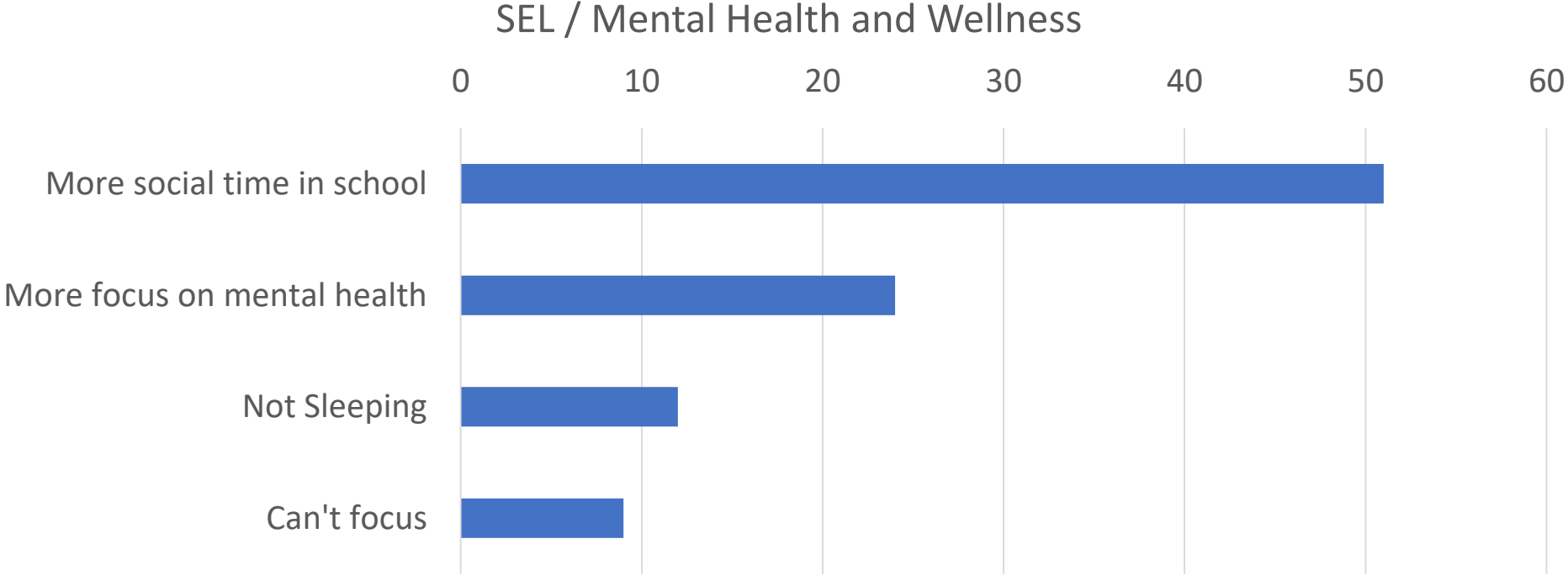
Suggestions about class

N=332



Suggestions about Mental health and Wellness

N=332



Questions?

Next Steps?

Contact us!

Lisa Gibalerio, Program Coordinator at
Lisa_Gibalerio@WaysideYouth.org

Anne Wang, Grant Evaluator at
AWang@EDC.org

Visit our website to learn more about the Belmont Wellness Coalition
<http://belmontwellness.org/>