

Words from Winn Brook

Principal's Newsletter

Janet Carey, Principal

March 6, 2018

The Wacky Olympics

As you may imagine, a Friday afternoon before vacation isn't optimal academic learning time; however, it was the perfect time for staff and students to come together to promote community spirit and teamwork. All students and most staff members competed, in multi-age teams, during our Wacky Olympics. We were very proud of the children's behavior! They had so much fun cheering one another on and enjoying the creative and "wacky" races that Mr. Franey designed. If you've never had the experience of racing with a rubber chicken on a scooter board, or an octopus on a paddle, you should give it a try! We left the gym that day feeling uplifted and bonded as a school community.



Supervision starts at 8:35 am. For safety reasons, students should not arrive prior to this time.

Nursing Services

Due to some medical issues, our nurse, Ms. Shaughnessy, will be out for the remainder of the year. The clinic has been covered by several BPS nurses; however, the Director of Nursing is working to assign one consistent nurse for the last several months of school. Please continue to call 617-993-5706 if you need to contact the clinic. Any of our substitute nurses can retrieve messages at this number.

School Safety

Teachers are on duty to supervise the morning entry from 8:35 until 8:50. In the past, the doors were programmed to unlock during this time. Since our staff members have badges which allow them to open the doors and let the children in, **the doors will now be locked at all times.** If your child comes to school late, please escort him/her to the main entrance and report to the office. If your child is older and walks to school independently, he/she can ring the bell at any of the usual entry doors.

Parent Lecture Series

This year's social emotional learning (SEL) presentation will focus on promoting aspirations and achievement at home and in schools. Due to the weather forecast, the elementary and secondary workshops will be combined and held on **Tuesday, March 6, 2018 from 7-9pm in the BHS auditorium.** Please join us to learn more about the self-management and interpersonal skills that support motivation, positive relationships and achievement. The workshop will be facilitated by Rachel Poliner, educational consultant specializing in social-emotional learning, in collaboration with Assistant Superintendent Janice Darias and our own Belmont teachers.

Did You Know?

Members of the American Academy of Sleep Medicine developed recommendations for the amount of sleep needed to promote "optimal health" in children and adolescents:

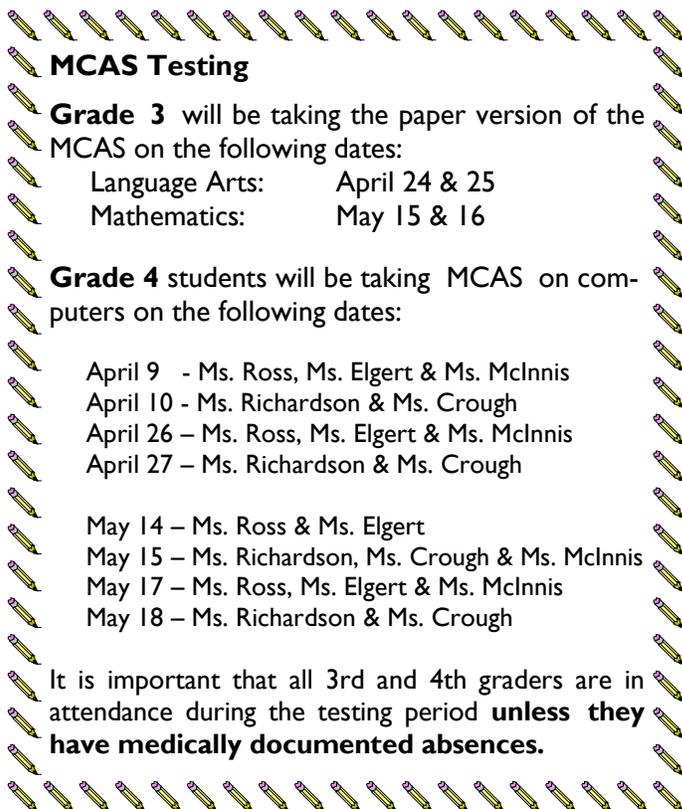
- Children 3 to 5 years of age should sleep 10 to 13 hours per 24 hours.
- Children 6 to 12 years of age should sleep 9 to 12 hours per 24 hours on a regular basis.
- Teenagers 13 to 18 years of age should sleep 8 to 10 hours per 24 hours.

These amounts of sleep are associated with attentiveness, learning, memory, self-regulation, and both mental and physical health.

Upcoming Events

- ✓ 3/6 Promoting Aspirations & Achievement—parent workshop, 7-9pm at BHS
- ✓ 3/7 Early Release, 11:50 dismissal, Tues. schedule
- ✓ 3/8 Shop at Wilson Farm in Lexington—20% will be donated back to the schools
- ✓ 3/12 & 13 Habitat Soil program for grade 2 *
- ✓ 3/15 Early Release, 11:50 dismissal, Wed. schedule
- ✓ 3/15 Science Night *
- ✓ 3/21 Early Release, 11:50 dismissal, Thurs. schedule
- ✓ 3/23 Windows on Wildlife program, gr. 3 *
- ✓ 3/23 Drumlin Farm program for kindergarten *
- ✓ 3/17 FBE Silver Anniversary Fundraiser, Belmont Hill School
- ✓ 3/28 Belmont SEPAC Resource Fair, 7pm Butler School
- ✓ 3/29 4th grade class photo
- ✓ 3/29 Kindergarten Information Night—for parents of students entering in September 2018
- ✓ 4/5 PTA meeting, 7pm in the cafeteria *

* PTA sponsored events



MCAS Testing

Grade 3 will be taking the paper version of the MCAS on the following dates:

Language Arts:	April 24 & 25
Mathematics:	May 15 & 16

Grade 4 students will be taking MCAS on computers on the following dates:

April 9	- Ms. Ross, Ms. Elgert & Ms. McInnis
April 10	- Ms. Richardson & Ms. Crough
April 26	- Ms. Ross, Ms. Elgert & Ms. McInnis
April 27	- Ms. Richardson & Ms. Crough
May 14	- Ms. Ross & Ms. Elgert
May 15	- Ms. Richardson, Ms. Crough & Ms. McInnis
May 17	- Ms. Ross, Ms. Elgert & Ms. McInnis
May 18	- Ms. Richardson & Ms. Crough

It is important that all 3rd and 4th graders are in attendance during the testing period **unless they have medically documented absences.**

PTA Page

Volunteer for Science Night on March 15th

There are still a few stations that need parent volunteers to run them for our free, fun, fabulous Science Night next Thursday. Bring the whole family! You won't want to miss it- your next chance isn't until 2020!

See winnbrooksciencenight.weebly.com for more information.

Wilson Farm Shopping Day for Belmont Schools!

This Thursday, March 8, 2018, 20% of your purchase at Wilson Farm will be donated back to Winn Brook! If Winn Brook is the top Belmont school for the day, we get 25% back! Wilson Farm is at 10 Pleasant St., Lexington MA. Pick up some fresh produce, delicious soups, pre-made entrees, fresh bread or desserts and benefit our school!

Outstanding Teacher Award Nominations

The Foundation for Belmont Education (FBE) is excited to announce the 2018 Outstanding Teacher Awards. This program recognizes and celebrates the extraordinary contributions made by teachers in the Belmont Public Schools.

Nominations are currently being accepted for these awards. Belmont parents and community members, Belmont Public School colleagues, and high school and middle school students can submit nominations for teachers - of any grade, subject, or specialty - who deserve this special recognition.

Teachers from Belmont's six schools are chosen by the FBE for this award. Each award winner will be honored at a surprise celebration at their school and at a district-wide awards ceremony to be held on May 1st at the Chenery Middle School.

Nominate an Outstanding Teacher Today!

Nomination Criteria and Online Nomination Form (submit before March 31, 2018):

www.belmontsavings.com/FBEOutstandingTeacher

For more information: www.fbe-belmont.org/outstandingteacher

Questions? OTA@fbe-belmont.org

Join the 4th Annual Boston Belmont Friends Group Family Bowling Event on March 11 from 4:00-6:00 p.m.! All Boston and Belmont families attending Belmont Public Schools are welcome to join in the fun for bowling, pizza, and making new friends. This event is open to K-12 families thanks to funding from Belmont Against Racism.

Where: Boston Bowl, 820 William T Morrissey Blvd, Dorchester, MA (easy access, exit 12 off 93 South)

What: Bowling, Pizza & Drinks, and Meeting New Friends

RSVP: Please RSVP by March 8th to Laura Hill at Imaneyhill@gmail.com (include family name, student names, grade levels, and number of bowlers)

