



## *The Wellington News*

Roger Wellington School  
121 Orchard St  
Belmont, Massachusetts 02478

Telephone 617/993-5600  
Telecopier 617/484-1790

Amy N. Spangler  
Principal

Sarah Forrey-Pettit  
Assistant Principal

**February 6, 2017**

### *Important Dates:*

- **Feb 6:** PTO General Meeting, Community Room, 8:45AM
- **February 9:** 6:30-8PM, Parent lecture series, Chenery Middle School (Please see attached flyer for details.)
- **Feb 10:** PTO Multicultural Night (See below for details!)
- **March 18:** Wellington PTO Winter Carnival at Belmont High School
- **April 13:** Third and Fourth Graders' Science Night (Please see below for registration information.)

### *Dear Wellington Families,*

**Are you moving or planning to move?** It is important for families to know that if you move into another home, you need to obtain a new Proof of Residency from the Belmont Town Clerk *and* you must bring the Proof of Residency to the Wellington Secretary, Kate Hallen. Additionally, if your new address happens to be in another schools' district within Belmont, you must ALSO email Superintendent Phelan, asking for permission to keep your child at Wellington, should you choose to stay. Please call the school office if you have any questions about changing your address: 617.993.5600

**School Climate Survey:** Please check your inbox and spam for the link to our school's climate survey. Thank you in advance for taking time to share your thoughts with us. The survey will remain open until 3:00PM on Friday, February 10.

Enjoy this lovely week! *And, how are the children? Well, very well!*

Amy and Sarah

### *Nurse's Notes: Stomach Virus*

With the recent vomiting illness it is a good idea to review how to reintroduce foods slowly as your child's stomach recovers. A good treatment plan includes:

- At least one hour without any food/liquids after vomiting then reintroduce sips of water.
- If that is tolerated, advance to sips of juice or a Pedialyte-type product.
- Follow the ‘BRAT diet’: Bananas, Rice, Applesauce, Toast (no butter)... can also use saltine-type crackers but not chips/Doritos, etc due to fat content.
- Reintroduce fatty foods, sugary foods, and milk LAST as these are the most irritating to sensitive stomachs. **If at any point your child vomits again you need to start all over again.**

Feel free to call me with questions at 617-993-5606. Terry Grimm RN

### *Nurse’s Notes: When is a face lesion concerning?*

There have been a few students with chapped lips that have worsened into a bacterial infection called impetigo. The main symptom is red sores that form around the nose and mouth. The sores rupture, ooze for a few days then form a honey-colored crust. There can be one sore, or many. Impetigo is a highly contagious condition caused by staph or strep types of bacteria, and is easily spread from person to person by direct contact with the lesions and/or indirectly by touching items (clothing, sheets, or toys) that have been used by individuals with this skin disease. Indirect transmission is less frequent than direct person-to-person transmission.

School policy, for the protection of all students, is that undiagnosed skin lesions need a physician exam before return to school. Teachers send students to the clinic for an exam if they have a concern, so please let us know if your child is receiving treatment for an issue. Thank you for helping to keep our children healthy! Feel free to call me with questions at 617-993-5606. Terry Grimm RN

### *PTO News:*

A full calendar of PTO events can be found online

<http://www.belmont.k12.ma.us/wellington/pto/index.asp?pageID=1>.

Please use the following address to access the Wellington and Belmont School Events calendar from other applications. You can copy and paste this into any calendar product that supports the iCal format. Notifications can be individually tailored from your calendar or device.

<https://calendar.google.com/calendar/ical/0e3o095rv2hl8b4m561sjgmm7k%40group.calendar.google.com/public/basic.ics>

### **ANNOUNCEMENTS:**

***PTO General Meeting TODAY 8:45 a.m. Wellington Community Room!*** Join us this morning, Monday, February 6th at 8:45 a.m. in the Community Room to hear updates from Principal Spangler and the PTO on events and happenings here at Wellington. Nurse Terry Grimm will give us the Nitty Gritty Facts on Head Lice, and answer any questions you might have! Hope to see you there!

**Wellington Directories Are Here!** Thank you for your patience- the 2016-2017 Wellington School Directory has arrived! Directories were distributed last week in student back-packs (one per family, unless additional copies were requested) to all families who contributed to the Wellington PTO this school year. *If you have not already made your annual donation to the PTO, you can still do so by clicking on the "Donate" button on the Wellington PTO website: <http://www.belmont.k12.ma.us/wellington/pto/>, or by check, payable to Wellington PTO (submit check in an envelope marked PTO donation in your child's school folder). Additional copies of the Directory will be available for purchase for \$5.00 each. **Questions or concerns, please contact Melissa & Lynne at [wellingtonptopresidents@gmail.com](mailto:wellingtonptopresidents@gmail.com).***

#### **UPCOMING EVENTS:**

**MULTICULTURAL NIGHT is THIS FRIDAY, February 10th from 6-8pm!** Multicultural Night brings the community together to learn about and celebrate the many international cultures we have at Wellington. The event features themed country tables where students and families can discover different cultures, a dessert potluck. Join us for a one-of-a-kind puppetry experience! **"Cardboard Explosion!"** brings five original stories to life using nothing but cardboard and the power of your imagination. With help from the audience, puppeteer Brad Shur transforms simple cardboard shapes into elaborate puppet characters, then brings them to life right before your eyes. Get ready to outsmart dragons, choose-your-own superpower, and train adorable animal sidekicks in this fun, energetic, participatory show.

- **Explore** international *Fairy Tales & Legends* at 17 different country tables.
- **Discover** international cuisines at the dessert potluck. \*\*
- **Bring** your favorite dessert to share!
- **Create** your own story during a live, interactive performance by the Puppet Showplace Theater.
- **This is a FREE event. Food will be served!**

Interested in volunteering at Multicultural Night? We still need help to make the evening flow smoothly! **Check out all of the volunteer opportunities and Sign up here:**

<http://signup.com/go/EBE2ia>

**Questions? Email April Julich Perez at [aprilpomme@gmail.com](mailto:aprilpomme@gmail.com)**

**Register your 3<sup>rd</sup> and 4<sup>th</sup> graders for the Third Annual Wellington Science Night – registration deadline: Monday, February 27, 2017!** Join us for 3<sup>rd</sup> and 4<sup>th</sup> grade **Science Night** on Thursday, April 13, 2017 from 6:30 – 7:30 p.m., in the cafeteria and gym. The purpose of the Science Night is to: encourage students' interest in science; develop their inquiry and investigation skills; learn to work as a team; and give them a sense of pride in completing a research project.

- Register your **3<sup>rd</sup> or 4<sup>th</sup> grade student by February 27<sup>th</sup>**, in teams of 2-3 students here: <https://goo.gl/forms/bDsCFleiee4CdjbQ2>
- Teams will have the opportunity to work together (outside of the regular school day) to research and present an idea within a theme selected by the 3<sup>rd</sup> and 4<sup>th</sup> grade teachers.
- Ideas, experiments and examples to help students (and family members) navigate the science fair process smoothly are available at the link below:

<https://drive.google.com/drive/folders/0B6xTqjgxxaLGFwBwcm51TEZsVGM?usp=sharing>

➤ **This year's science themes are:**

- **3<sup>rd</sup> grade: Water, Weather and Climate; Electricity; Animal Adaptations**
- **4<sup>th</sup> grade: Rocks and minerals; Sound; Experiments with Plants; Changing Earth (weathering, erosion, deposition, earthquakes, volcanoes)**
- Questions? Please contact the organizers at [WellingtonScienceNight@gmail.com](mailto:WellingtonScienceNight@gmail.com)

***A Note from the Wellington Library:***

*Please sign up for Library Shelf Reading Event. Now that we're halfway through the school year, the library could use a bit of sprucing up! Any time you could give between 10:30 a.m. and 12:30 p.m. on Friday, February 10th would be most appreciated. Everyone welcome! **Click this link to go to our invitation page on SignUp.com:** <http://signup.com/go/wtY5NJ>*

***IT'S ALMOST CARNIVAL TIME!!!!*** We are very busy getting ready for the **Wellington Carnival** which will be held at the Belmont High School Field House on Saturday, March 18th. Get ready for some super fun bounce houses, inflatable slides, carnival games, crafts, a clown, face painting, a sports raffle, book sale, food and fun, fun, fun! Of course we can't pull off this fabulous event without the help of parents at the Wellington and lots of planning, so, here are some things we're looking for at this stage:

- **Raffle Prizes:** If you have tickets to the Red Sox or other sporting events that you're willing to donate to our sports raffle, the Wellington would appreciate your support! Please contact Lisa Engler at [lisa.engler@gmail.com](mailto:lisa.engler@gmail.com)
- **Sponsor:** Do you have a business that would like to sponsor the Wellington Carnival? Would you or your business like to donate funds, gift cards or other items to combine into Raffle Baskets? Please contact Lisa Engler at [lisa.engler@gmail.com](mailto:lisa.engler@gmail.com)
- **Experienced Face Painters:** If you have skills in face painting, please let us know! We're looking for some experienced painters. Please contact Lisa Brookins at [lisa@brookins1.com](mailto:lisa@brookins1.com)
- **Book Sale:** Start paring down your shelves and collecting books to donate for our book sale. There will be donation boxes at Wellington near the office where you can donate children's books that are in good condition. For questions contact Joanna Valenti at [joanna.valenti@crump.com](mailto:joanna.valenti@crump.com)

**For questions about Carnival, please contact:** Kristina Cardello [kristina.cardello@gmail.com](mailto:kristina.cardello@gmail.com), Lisa Engler [lisa.engler@gmail.com](mailto:lisa.engler@gmail.com), or Katie Martorana [jkmartorana@msn.com](mailto:jkmartorana@msn.com).

***Thank you to everyone who has contributed to the Wellington PTO this year!*** Did you know that because of your generous donations, ***so far this year*** the PTO has provided:

- Teacher supplies, including classroom rugs
- Wellington School Folders to each student
- Wellington Rocks T-Shirts to each Kindergarten and New Student
- Field trips such as Plimoth Plantation for 3rd graders
- Scholastic Book Fair, which provided books to our families, classrooms, school library and the Belmont Food Pantry
- **In-school Enrichment**, such as:
  - Tanglewood Marionettes
  - Weather- by ScienceWorks
  - Bugs & Insects!
  - Brian Lies Writer Workshop
  - Habitat
  - Debbie Miller Alaska Presentation
  - The Owl Lady
  - Worcester Opera
  - New England Percussion Ensemble
  - David Coffin
  - Plimoth Plantation
  - Museum of Natural History
  - Techsploration
  - Odds Bodkins
  - Legends of the Rainforest
- After School Extracurricular Programming (ASE)
- Professional development opportunities for teachers and staff
- **School and Community-wide events**, such as Movie Night, Welcome Picnic, Moira Gavin Bingo Night, Sue Tudisco Skate Night, Welcome Coffees, Kindergarten Play Dates

Your support of the PTO through your annual contribution and participation in PTO programming and events allows us to supplement and support the educational experience of our students and the resources and environment available to our teachers! Ask your child about outside presenters who've come to speak at school! Thank you!

#### **OTHER WAYS TO SUPPORT WELLINGTON**

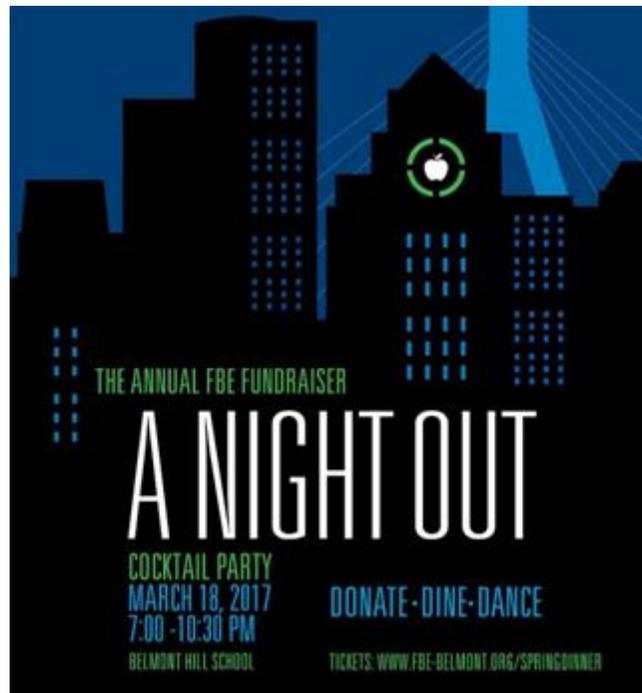
- **Amazon Smile** - *Are you an Amazon shopper?* If so, **sign up to use Amazon Smile and designate 0.5% of your purchase price to support your favorite charitable organization, like the Wellington PTO, Inc.** You use your existing amazon account, so it's simple! Go to <http://smile.amazon.com/about> for more details.
- **Mighty Nest** - **Want to be green AND help Wellington while you shop?** Join Mighty Nest to shop for healthy, everyday items - and they will donate **15% of your purchases back to Wellington.** Mighty Nest carries products for active, healthy families including kitchen items, lunch gear, toys, baby products, cleaning supplies and personal care products. For more info or to sign up, go to: <http://schools.mightynest.com/schools/ma/belmont/roger-e-wellington>

- ***It's not too early to start collecting those BoxTops!*** Collecting box tops is a fun and easy way to earn cash for our school! *Last year, we raised over \$850 for the Wellington PTO, with items you already buy – let's try for even more this year!!* The money raised is used for field trips, in-school enrichment, classroom supplies, equipment and more. We'll hold a contest in the Spring for which class can bring in the MOST BoxTops, so start collecting now!!

**As always, our thanks to all Wellington families for your continued support of the PTO - we couldn't do it without you!**

*Melissa & Lynne*

## *Community News & Events:*



Join the **FBE** for **A NIGHT OUT** and Help  
Make A Difference in the Belmont Public Schools!

[PURCHASE TICKETS](#) OR [MAKE A DONATION](#)

Tickets for this event sell out quickly, so Don't Wait!

### **NEW THIS YEAR!**

Silent Auction with great 'night out' packages & experiences  
Cocktail Party & Much More – Stay Tuned

Questions? [FUNDRAISER@FBE-BELMONT.ORG](mailto:FUNDRAISER@FBE-BELMONT.ORG)

**Please Join Us in Thanking the Sponsors Who Support Us**

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