



The Wellington News

Roger Wellington School
121 Orchard St
Belmont, Massachusetts 02478

Telephone 617/993-5600
Telecopier 617/484-1790

Amy N. Spangler
Principal

Sarah Forrey-Pettit
Assistant Principal

May 15, 2017

Important Dates:

- **May 16: Third Grade MCAS, Math #1**
- **May 16: SAC Committee Meeting, 3PM**
- **May 17: Third Grade MCAS, Math #2**
- **May 17: Chenery PTO Meeting for families with CURRENT Fourth Graders, 7PM at Chenery**
- **May 22: General PTO Meeting, 8:45AM (Note: This is a date and time change!)**
- **May 22-26: ASE Classes End**
- **May 26: Last day for Lost and Found before donation!**
- **June 1: Spring Picnic**
- **June 2: Third and Fourth Grade Field Day**
- **June 15: Fourth Grade Send Off, 6-8PM**
- **June 21: Last Walk—Join our community at 11:10AM SHARP to celebrate FOURTH GRADERS**
- **June 21: Last Day of School, 11:40AM Dismissal for ALL students**

Dear Wellington Families,

Lost and Found: It is THAT time of year, again, when our lost and found is bursting at the seams! Please know that we will be DONATING all items to a local charity on **Friday, May 26, 2017 at 3PM!** If you or someone you love has lost a jacket, coat, sweater, sweatshirt, boots, or other outerwear items, NOW is the time to check!

Thank you! Each and every year our incredible PTO creates a beautiful luncheon for Staff Appreciation, and this year was remarkable! Thank you for pampering our entire school team with such a lovely luncheon. The luncheon was delicious and lots of fun! The Lego pencils and door prizes were an unexpected surprise for all of us. Thank you, PTO co-Presidents, Melissa McKenna and Lynne Standish, as well as luncheon coordinators Jen Spencer and Melissa Hart for making this such a wonderful celebration for all of us!

And, how are the children? Well, very well!

Amy

News From Physical Education It's that time of year again... **FIELD DAY TIME!** At Wellington Elementary School, our 3rd and 4th grade students get to enjoy field day once a year, and this year it will be on **Friday June 2nd** (with a rain date of Friday June 9th). Field Day takes place right at our school, using all of the outdoor spaces (and some indoor as well). I do all of the behind-the-scenes work to get Field Day up and running, but it truly does not run without the help of our amazing parent volunteers. Third and Fourth grade room parents will be sending out a link for volunteer sign-ups. If you are interested in signing up to volunteer, please do so by Friday May 26th. If you have any questions feel free to reach out to me through e-mail at adoherty@belmont.k12.ma.us. Below you'll see the links for signing up. *Aimee Doherty—Wellington Physical Education Teacher*

- 3rd Grade Field Day Volunteer Sign-Up:
<http://www.signupgenius.com/go/4090d4daeac2ca6f85-3rdgrade1>
- 4th Grade Field Day Volunteer Sign-Up:
<http://www.signupgenius.com/go/4090d4daeac2ca6f85-4thgrade1>

Helps Us to Show Respect to Wellington Trees:

Wellington neighbors, as well as concerned students, have noticed that during non-school hours, students are not showing our trees respect. Students have been seen jumping on tree branches and peeling bark off of our trees! Please help us to preserve our trees by asking students to show respect to our trees. Thank you!

Nurse's Notes: (Sniffles, Sunburns and Safety)

- **Seasonal pollen allergies are also causing problems.** It can be difficult to tell if allergies or a cold are to blame for the runny nose and watery eyes, **but in the absence of fever**, preventative measures of clean face and hands, good nutrition/fluid intake, adequate rest, as well as over-the-counter allergy/cold preparations, can help decrease symptoms. If your child is particularly “drippy” then he/she should stay home until the symptoms are under control enough to participate fully in the activities of the school day.
- **The sunshine is here and so are the sunburns!** It is important every day but especially now with warmer weather that sunscreen becomes part of the morning routine. A sunscreen of SPF 15 or higher applied prior to school will protect your child through the school day, as well as decrease the risk of skin issues later in life.
- **It is NOT time for flip-flop shoes!** Children need **solid, supportive foot protection here at school** to avoid injuries. Even open-toed sandals put young feet at risk in this busy environment. Children should wear sneakers, especially to participate in gym class.

Feel free to call me with questions at 617-993-5606. Terry Grimm RN

PTO News:

A full calendar of PTO events can be found online

<http://www.belmont.k12.ma.us/wellington/pto/index.asp?pageID=1>.

Please use the following address to access the Wellington and Belmont School Events calendar from other applications. You can copy and paste this into any calendar product that supports the iCal format. Notifications can be individually tailored from your calendar or device.

<https://calendar.google.com/calendar/ical/0e3o095rv2hl8b4m561sjgmm7k%40group.calendar.google.com/public/basic.ics>

It is hard to believe that we only have 5.5 weeks of school left in the 2016-2017 school year! As we begin to look ahead to next year's budget, staffing, and events for the Wellington PTO, we remind you that we are always looking for volunteers willing to take on more responsibility with the PTO!

Have ideas for communicating about our events? Do you have time or skills to offer? Have an event that you really love (or hate?) Please let us know! We are filling positions for the PTO Executive Board, Committee Chairs and Event Chairs NOW! This is the best time of year to throw your hat in the ring, propose a speaker or initiative, or ask a question about what we do! **Please contact us at wellingtonptopresidents@gmail.com today!** Melissa & Lynne

UPCOMING PTO EVENTS & ANNOUNCEMENTS:

- ***Please join us at the Annual PTO meeting Monday May 22 at 8:45am***. Show your support by being present to vote in next year's Executive Board members! This is also a great opportunity to let us know if you're interested in volunteering with us next year and/or if you have ideas for events, speakers, etc. that the PTO should consider.
- **LAST CALL FOR LOST & FOUND!** Please take a moment in the coming weeks to take a look at the Lost & Found, located in the hallway near the Cafeteria, for any missing clothing, shoes, sports equipment or water bottles you may not have seen in awhile! **Any items that have not been claimed by 6:00 p.m. Friday, May 26th will be donated.** Stop by to look for missing items after the PTO meeting on May 22nd!

THANK YOU:

- ***To MOOZY'S, Becca Pizzi, Wellington Principal, Teachers, and Staff who attended the fun ice cream social fundraiser last week!*** Year after year, Moozy's supports the Wellington PTO with a fun filled afternoon of ice cream and silliness with the Wellington teachers! Moozy's is generously donating over \$400 from their sales that day to the Wellington PTO! Thank you, Moozy's and thank you to everyone who supported the Moozy's fundraiser last week!

- **To Jen Spencer and Melissa Hart for organizing a fabulous Staff Appreciation Luncheon last week!** The Wellington teachers and staff enjoyed a lovely sit down lunch in the Community Room, complete with decorations, door prizes, and delicious food from Conley's Pub. It was a wonderful token of gratitude for the dedicated Wellington staff; who work so hard each day for our children.
- **To Champions, Kim Whalen & Angela Chan for organizing the Spirit Wear Sale this year!** It was great working with our local sporting goods store, Champions, to provide families and staff with new options to show our Wellington pride. Orders were distributed last week. If you did not receive an expected order, please contact your child's teacher. If you have any questions or concerns regarding the order, please contact akwhalen@hotmail.com.

ENRICHMENT UPDATE:

- **ALL ABUZZ BECAUSE THE "BEE LADY" IS COMING!** Fourth Graders are looking forward to a Honeybee Presentation by Birgit deWeerd, a local beekeeper. On May 22nd and May 25th she will teach the 4th grade about the role of bees in pollinating plants and making honey (this coincides with our fast-growing plant science unit). *"This program is supported in part by a grant from the Belmont Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency."*



FIRST GRADE FUN AT FRANKLIN PARK ZOO! The rainy morning sky turned quickly to sunshine for the PTO Sponsored first grade field trip to the Franklin Park Zoo on Friday. The lions and gorillas were favorites among the kids, but watching the newborn bongo learn to walk and being surprised by the roving peacock in the lunch area were highlights too!



2017 Fourth-Grade Send-Off Information for Fourth-Grade Parents

- **When is it?** Thursday, June 15 from 6:00-8:00 pm in the Wellington cafeteria and gymnasium. Look for an Evite to come soon!
- **How can you help?** There are three main ways that every fourth grade parent can help contribute to the 4GSO:

1. **Volunteer!** Please contact Allison Goodwin, Nomita Ganguly, or Lauren Capitani at farewellington@gmail.com if you'd like to get involved!

- **Third Grade Parents, please volunteer to help out on the night of the party!** Not only will you be allowing the 4th Grade families to enjoy the evening with their children, you will also get a sneak peak at what to expect for your own child next year! Select a time frame that works best for your schedule and as the event nears, you will hear from us on your evening's assignment (i.e. table set-up, distributing gift bags, handing out burgers/dogs, and clean-up).

<http://www.signupgenius.com/go/60b094fafac2fa75-4gso>

2. **Contribute!** To help bring this party and gifts to your child, we are asking each family who can for a **donation of \$40**. If this amount is not feasible at this time, please feel free to make any donation you can. Also, any additional donations would be greatly appreciated. Please note that all fourth graders and parents are permitted to fully participate in all of these events regardless of whether or not a contribution is made.

Please email questions to farewellington@gmail.com.

Digital Slide Show Photos: Post at least 3 high-resolution photos to the appropriate folders listed.

A digital slide show will be featured at the 4GSO event. Upload single portraits, photos with friends and with teachers. (Please send school age photos - no baby pictures please). A link to the digital slide show will be sent to each family as a keepsake.

- Miscellaneous photos K-4 (Fall 2012 – Spring 2017):
- 4th Grade 2016/17 Lowell Mills:
<https://www.dropbox.com/request/C8aABaJ1f1Dmm84DptUy>
- 4th Grade 2016/17 New England trip:
<https://www.dropbox.com/request/ewckwuLNUWIGRusLVg4L>

OTHER WAYS TO SUPPORT WELLINGTON

- **Amazon Smile** - *Are you an Amazon shopper?* If so, **sign up to use Amazon Smile and designate 0.5% of your purchase price to support your favorite charitable organization, like the Wellington PTO, Inc.** You use your existing amazon account, so it's simple! Go to <http://smile.amazon.com/about> for more details.
- **Mighty Nest** - **Want to be green AND help Wellington while you shop?** Join Mighty Nest to shop for healthy, everyday items - and they will donate **15% of your purchases back to Wellington.** Mighty Nest carries products for active, healthy families including kitchen items, lunch gear, toys, baby products, cleaning supplies and personal care products. For more info or to sign up, go to: <http://schools.mightynest.com/schools/ma/belmont/roger-e-wellington>

As always, our thanks to all Wellington families for your continued support of the PTO - we couldn't do it without you!

Melissa & Lynne

Community News:

BE THE PARENT YOU WANT TO BE! An Introductory Workshop in the Think:Kids Collaborative Problem Solving Approach

Do you ever feel frustrated with your child? Find yourself shouting and imposing consequences in reaction to challenging behavior? Do you wish you had a more effective parenting approach that brings out the best in both you and your child? The Collaborative Problem Solving parenting approach, developed by MGH's Think:Kids program, helps parents to:

- **Foster positive relationships with their child**

- **Build their child's skills in self-regulation, communication and problem-solving**
- **Reduce their child's challenging behavior**
- **Solve problems calmly, collaboratively and proactively**

For more information and to register for the upcoming May workshop (May 8-29) in Belmont, please visit: BeTheParentBoston.com