

SUMMER OPPORTUNITIES

FROM NOW INTO LATE AUGUST: S.P.O.R.T. PROGRAM. Help special needs athletes in various sports. **CONTACT Heidi at the Rec. Dept. 617-993-2769,**

SAT, JUNE 24, 10AM-1PM Friends of Spy Pond Park Work Day (Arlington); Clean up the park & re-establish native plants throughout. Maintain fern & wildflower beds, eliminate invasive plants, and weed out tree saplings. Bring: water to drink, waders if you have them, & work gloves/garden tools, or use what they have. Protect yourself from weather and sun. Check in at canopy by the boat ramp at Pond Lane. All volunteers must sign the Workday Waiver Form:

<http://www.friendsofspypondpark.org/NewsLetters/liability%20waiver.pdf>

THURS, JUNE 29-TUES, JULY 4, NEA (National Education Association) Annual Meeting and Representative Assembly, at the Boston Convention & Exhibition Center. Shifts start between 8:00-9:00 and end at about 6:00. Ideally they are looking for full day but will take partial days. Students can indicate their availability when they sign up or email the chair directly.

They are looking for student volunteers in:

1. Delegate Services , Chair: [Sherley Phillips](#) Provides services for delegates with physical challenges.
2. Information and Registration, Chair: [Ron Colbert](#) Provides volunteers for information booth and registration area.
3. NEA Fund for Children, Chair: [Maureen Carlos](#) Charged with soliciting voluntary contributions from NEA members, their family members and NEA and affiliate staff for use in the campaigns of candidates for federal office. Operating under the restrictions of the Federal Elections Campaign Act, this fund encourages delegates to the Representative Assembly to participate in the effort to raise money to help elect friends of public education. Volunteers will help with setup and staffing of the NEA Fund booth.
4. Chair: [Lois Jacobs](#) Assigns ushers, floaters and Host Committee room monitors to various events.

Sign up online: <https://form.jotform.com/62287444477163>

Chairs will be contacting each person who signs up to clarify.

SAT, JULY 15, WGBH FUNFEST, "A Day of Ice Cream and Music," at WGBH STUDIOS, BRIGHTON. 3 shifts: 9:00am-1:00pm, 12:30-5pm, or 9:00am-5pm. Hospitality, face painting, painting, freezer truck runner, ice cream scooper, kids' activity volunteer, moonbounce patrol, coloring area, parking volunteer, water cooler, & food distributor. Also: **FRIDAY, JULY 14, SET UP DAY, from 2-7 PM.** Read full description of volunteer positions at

https://www.dropbox.com/s/oedsta7meyy9z5y/HS_Pos_Descriptions_17.docx?dl=0

REGISTER VIA EMAIL with Jaime Reese: Jaime_reese@wgbh.org. Be sure to include your full name, your preferred shift, and your top 3 volunteer positions in order of your preference.

SAT, AUG 19, 10:30-12:30 "Literacy on the Lawn" at the Underwood Playground. Help children enjoy a petting zoo, a book reading of Blueberries for Sal, and hands on nature experience with Habitat educator. **No need to sign up; just show up!** If you have questions, contact Iris Ponte: iris@irisponter.com

TUES, AUG 22, 4 hours in the AM (exact times TBD) Be an actor in a Fire and Health Department-sponsored Active shooter mock drill. Email Ms. Janet Amdur at jamdur@belmont-ma.gov

LIKE TO WALK? For the summer and beyond! For Rising senior girls (access to a car is helpful). Help Nina, a lovely woman who is legally blind and loves to walk. She also needs some help with errands. BHS girls have been volunteering for her for years, and many come back to visit and help during their college vacations (and even later!). You can work out a schedule with her. Often two students will work together and on different days. Email Ms. Melnikoff, amelnikoff@belmont.k12.ma.us.

WALK BROWNIE: CAN YOU WALK THE DOG OF AN ELDERLY DISABLED WOMAN DURING AUGUST? There is also an opening for Sundays from now through the summer. She lives near the Underwood Pool. Brownie needs to be walked for about 45 minutes to one hour every day (time of walk can be late morning through early evening). CONTACT Ms. Nancy Davis, an adult who is coordinating the volunteers. Nhdavis3@gmail.com (Small stipend may be available, in which case you would not earn service hours).

BELMONT FOOD PANTRY (in Mount Hope Church, 51 Lexington Street), SUMMER HOURS: 1st & 3rd Saturdays of each month, volunteers are there from 9-10:30AM; 2nd & 4th Tuesdays 5:00-6:30pm, and the 4th Sunday 12:15-1:30pm. Schedule ahead through this link: <https://sites.google.com/site/thebelmontfoodpantry/volunteers>

3rd SAT. OF EVERY MONTH: MIDDLESEX HUMAN SERVICE AGENCY FOOD DISTRIBUTION DAY (Waltham). Hand out food and produce to those who need food assistance. Volunteer once or many times. 50 Prospect Street, Waltham, in the parking lot.) CONTACT Mike Hannan, 617-595-0469 You cannot just show up!

WEDNESDAYS, 9AM-NOON, BRISTOL LODGE FOOD PANTRY: Help in the food pantry. CONTACT Mike Hannan, 617-595-0469.

BELMONT TOWN CLERK'S OFFICE can use volunteers to help with alphabetizing and filing. Summer hours: Mon-Thurs: 8-4; Fri: 8-1) Call 617-993-2600 or stop by Town Hall to set a schedule. Ability to alphabetize essential. (Groups of friends are welcome to work together!)

BEECH STREET CENTER:

1. Want to teach something to Belmont's senior citizens in August?

Could be anything you are interested in. Examples: a presentation about culture, something you like to do, or something you have studied; repeating a science project you liked in school; doing smartphone help drop-in hours; showing an intergenerational movie and discussing, etc. Contact Ms. Lillian Hartman by JUNE 30: lhartman@belmont-ma.gov She will think through your ideas with you so that it can be "marketable"!

2. Be a greeter or Tour guide for the out-of-town visitors staying with their Belmont families. Contact Ms. Marie Poore, mipoore@belmont-ma.gov or 617-993-279

3. Help serve lunch (12-1:30) and /or set the tables from about 10-11 before lunch. Feel free to chat with the seniors while you are there. Contact Ms. Marie Poore, mipoore@belmont-ma.gov or 617-993-2979, to set up your 1st volunteer time. If you want to continue, you can then schedule with Ms. Poore.

EAST END HOUSE (Cambridge) is a multi-service community center. Help with food pantry, hunger & homelessness, senior outreach and enrichment, children's camp, and childcare. Call 617-876-4444 or email Catharine@eastendhouse.org

SANCTA MARIA NURSING FACILITY (Concord Ave., CAMBRIDGE; health care for older individuals) welcomes volunteers assisting with activities. Contact Jean Citarella, 617-868-2200 ext. 2113

NEVILLE PLACE (Concord Ave., CAMBRIDGE), is an assisted living center which would love volunteers with an interest in art or music. You could spend some time in the Art Room, inviting residents to create art work or just help them with the supplies

(opening paint, getting brushes etc), or you could perform on an instrument or sing. Contact Sue Bowdrige, the Activities Director at 617-497-8700.

BRIGHTVIEW ASSISTED LIVING (ARLINGTON): Age 16+. Assist with craft projects. Call Brian Patton 781-646-0837.

WALTHAM CROSSINGS (WALTHAM, Trapelo Rd.) is a senior living community. Chat with residents, etc. Email or call Jill Flores-Cordon, jflorescordon@benchmarkquality.com or 781-466-9912.

HEARTH (ending Elder Homelessness) (Boston) loves high school volunteers. They have various residences in JP, Brookline, and Boston. Call Chris Nazareth, 617-369-1565.

COMMUNITY SERVINGS (BOSTON, Jamaica Plain) prepares, packages, and delivers 2200 meals each weekday to critically-ill clients in central and Eastern Massachusetts. Their kitchen is open Monday-Friday, 8AM to 8PM and Saturday, 10-2. Flexible scheduling, one time or many. You must attend an orientation on a Wednesday at 6PM prior to volunteering. www.servings.org Contact Taylor Stevens, 617-522-7777 x227 tstevens@servings.org

ROSIE'S PLACE (Harrison Ave, BOSTON), a shelter for poor and homeless women: Social Justice Institute begins Thursday, June 29. Ages 16-18.

Rosie's Place Social Justice Institute will again be offering an opportunity for teens to make a difference. This hands-on summer education program combines community service experience with exposure to social issues such as poverty and homelessness. Here is what you do: Volunteer for any 12 shifts serving lunch or dinner in our Dining Room or assisting guests in our Food Pantry -shifts are offered every day during AM, afternoon & evening hours; attend 2 social justice seminars about issues facing our guests; complete a short reflection paper. Applications and more info available at http://www.rosiesplace.org/volunteer/social_justice_institute They are looking for 10 more students!

SAMARITEENS (BOSTON) Ages 15+ SUICIDE PREVENTION HOTLINE, 9 MONTH COMMITMENT. One shift a week. Students receive 30 hours of training (counts as service). www.samaritanshope.org Before you can be accepted, you must attend an information session, etc. The next info sessions are Thurs, June 22; Mon, July 10; Thurs, July 27; Wed, Aug. 9; Tues, Aug. 29; Wed, Sept. 6, all at 6:15PM at 41 West Street, 4th Floor, Boston, MA Registration is required. Contact Aram Seo at aseo@samaritanshope

RESTORATION PROJECT, PLEASANT & BRIGHTON Streets: Call 617-489-1000 or email volunteers@restorationproject.org for all opportunities

1. Volunteers are needed to work in their resale store-- receiving and processing donations, and displaying and selling. Learn retail as you interact with their clients. Store open Wed-Sat 10-6 and Sun from 12-6PM. Choose your times! A vocational program for adolescents and adults with emotional and neurological challenges.

2. Participants also apprentice in furniture finishing and upholstery to build confidence and develop work skills that are transferable to any occupation. The new resale store also offers practical training in the skills needed for employment in retail. You may volunteer with their clients, learning to refinish and upholster furniture, Mon-Thurs, 9-3.

3. Also needed is someone to HELP WITH THEIR WEBSITE and social media, posting, etc. It uses wordpress 1. (The website still has them located in Concord!)

OUTDOOR OPPORTUNITIES

HABITAT: (Belmont Audubon Land) Various opportunities.

1. Look at the website: <http://www.massaudubon.org/get-outdoors/wildlife-sanctuaries/habitat/get-involved> , then email Sandy Vorce svorce@massaudubon.org)
2. **WEDNESDAYS, 10-NOON, H.I.P. PULLING PARTNERS** All ages join to plant trees, remove invasive plants, help with the goats, chip trails and rejuvenate pond, field, and forest habitats. Just show up!

BELMONT FARMERS MARKET (Belmont Center) THURSDAY AFTERNOONS FROM 2-6:30. Help at the information table during the Farmers' Market. Sign up for one or more days during the market season (June-Oct). Each shift is 1.5 or 2 hours long.
For more information and to sign up: bfmmarketvolunteers@gmail.com

BELMONT ACRES FARM: They are looking for a commitment of two 4-hour blocks of time twice a week for 3-4 weeks. Prefer people interested in farming and food. Contact Mike Chase, mikeandhermik@gmail.com

COMMUNITY FARMS (Waltham, Beaver St., on the way to Cedar Hill and Bentley)
FOR ALL VOLUNTEERS, AGE 15-17, you must have a Contact form and Waiver signed by parent or guardian before any volunteering can be done.

INFO & LINK TO FORMS ON THEIR WEBSITE:

<http://www.communityfarms.org/index.php/involved/volunteer-service>

This contains forms and info about what to wear and to bring with you.

1. **Annual Crop Mobs! Saturdays, 9AM-Noon: June 24th and July 22** Work outside in the fields, freeing the vegetables before the weeds take over. Come dressed for the weather, wear close-toed shoes, bring a refillable water bottle...if you stay til noon we'll have refreshments to thank you for your work!

2. **Saturday All-ages Drop-in Volunteering (through Oct. 22) Arrive by 9 am, stay as late as 12 noon** to help in the fields or greenhouses. Tasks may include weeding by hand or hoe, transplanting seedlings, planting seeds in rows, or whatever the farmer needs to be done that day! **You must arrive PROMPTLY at 9:00 am. NO REGISTRATION NEEDED; just show up on time!** You must arrive between 8:50-9AM; if you are late, you can't volunteer that day. Meet at the Volunteer Shelter (near the Waltham Fields Bulletin Board and Container Garden - toward the backside of the brick UMass building). **Don't forget to bring your signed waiver form!**

DRUMLIN FARM - SUMMER VOLUNTEER OPTIONS IN LINCOLN (Same commuter rail line as Belmont) CONTACT Pam Sowizral at psowizral@massaudubon.org or 781-259-2205 for more information or to sign-up for any of 3 opportunities below.

1. **Crops volunteering, 15+, Flexible scheduling:** Join the farm staff and learn about local agriculture as you help with field chores.

2. **Garden volunteering, 15+, Flexible Scheduling:** Help maintain the flower beds at Drumlin Farm.

3. **Summer Evening Concerts at Drumlin Farm, all high school students can volunteer, Fridays, June 23, July 14, and August 25, 5-9PM.** Sign up for 1, 2 or all concerts. Help with food and crafts at this new summer concert series: music by Katrin Roush (June 23), Damn Tall Buildings (July 14), and Lula Wiles August 25).

FOR FALL

HOSPITALS: (NOT TOO EARLY TO CALL ABOUT FALL; SUMMER IS FULL) Hospitals welcome volunteers to assist on a *regular basis* in various departments. Each hospital has its own application procedure, including an interview, TB test, and orientation sessions. At any hospital, call the Volunteer Coordinator. Here are a few contacts for fall volunteering: some slots may be filled already, but you may just hit it right!

Mt. Auburn: Age 14+ Jan Ankerson, jankerso@mah.harvard.edu (must be 14)

Newton-Wellesley: Age 14+ Call the volunteer office to make an appointment, 617-243-6048 You must bring the application (found online) with you. Info and downloadable application online at <https://www.nwh.org/careers/volunteer-opportunities>

Beth Israel: Age 14+ Minimum 40 hours—4 hours/week. Info and application available online. <http://www.bidmc.org/About-BIDMC/Volunteer-Services.aspx> 2 letters of recommendation needed. You may contact Shannon Lawson at 617-667-3026 or sklawson@bidmc.harvard.edu

St. Elizabeth's: Age 16+ Nicole Mulkern, 617-789-2334 x3147 (there is a 6-month wait list at this point)

Winchester: Age 14+ Paulette Van der Kloot, 781-756-2626 (there is a 2 year wait list—so if you are really interested in Winchester and a freshman or sophomore, you should get on it now!)

AUGUST-OCTOBER: Be the videographer for the Girls Varsity Soccer Team. 20-22 games, usually 2/week on weekdays starting between 3:45 and 6PM); 1 or 2 Saturday AM games; about 2 hours/game. About a 40-hour commitment for the season, No previous video experience needed. Training provided! Be a part of the team...travel on the bus, come to team dinners & events if you'd like. Email Coach Henry at michelle.henry@hdul.com

FRIENDS OF BELMONT FOOTBALL: 2 opportunities, contact Kevin Shea, President of the FOBH, 617-908-0165 or irishprez@yahoo.com for both.

1. Help with home game activities--selling 50/50 raffle tickets, handing out programs, selling merchandise, setting up and breaking down our tent and table. 4 students needed for 4 hours at each game. As of now, there are 4 home games, 2 scrimmages and a Team BBQ.

2. Be a videographer at football games (Note: this is a big commitment for which you can choose to earn service hours or be paid.

Qualified BHS student needed to assist the Coaching Staff of the BHS Marauder Football Team. Individuals interested in this position should have an understanding of video filming/production, and photography as well as video/photography experience.

Report directly to the BHS Varsity Coach, or his designee. Responsibilities include but are not limited to::

- Videotaping of all practices and home/away football games.
- Editing and breakdown of practice and game videos to coaching staff specifications (i.e. separation of offense and defense possessions, assigning data to each play, etc.)
- Uploading videos to website for coaching staff to review
- Ensuring that all video equipment is properly maintained, repaired, and functioning.
- Visualizing, interpreting, and scripting to produce highlight videos using innovative production and graphic techniques an added plus.
- Performing other duties as assigned by the Coach of BHS Football or his designee.

HOW TO FIND A PLACE TO VOLUNTEER

www.volunteermatch.org , <https://www.teenlife.com/category/volunteer/volunteer-boston/> and www.bostoncares.org are three websites which allow you to locate current volunteer opportunities. Be sure to note age requirements and check to make sure that the activity you are interested in fits our guidelines.

PLEASE NOTE: In order to receive credit for service you perform, you must turn in a fully completed verification form (available in Social Studies and Guidance or online). You will need supervisor & parent/guardian signatures AND the reflective journal on the back (This is #2 on the form!)

This holds true for all service, even if your supervisor has given Ms. Melnikoff your name and even if she is your supervisor. NO FORM, NO CREDIT, NO EXCEPTIONS!