

FALL WALK SCHEDULE 2014

NOTE: ALL WALKS NEED VOLUNTEERS!

Sat., 9/6

1. Walk for Hope for ALS (Angel Fund)
Wakefield, MA, 3.5 miles, 9AM-2PM
www.theangelfund.org
2. Boston Heart Walk, Hatch Shell ,
1, 2, or 6 miles, 10:00
www.heartwalk.kintera.org/bostonma

Sun., 9/7

- Walk for Animals (MSCPA-Angell),
Boston Common, 1.5 miles, 11:00-2:00
(dogs welcome!) \$25 registration fee.
www.walkforanimals.com

Sun., 9/13

1. Arthritis Walk, Artesani Park, 1 or 3 miles,
10:30-2; WALK with ANNIEROSE KLINGBEIL'S TEAM (Youth
Ambassador for the walk, BHS 2015.)
<http://walktocurearthritisboston.kintera.org/faf/home/default.asp?ievent=1094319>
2. Paces for Faces (Foundation for Faces of Children),
Wakefield, noon, (picnic follows)
www.facesofchildren.org

Sat., 9/20

- Walk for PKD (Polycystic Kidney Disease)
Artesani Park, 2.8 miles, 10:00
<http://walkforpkd.kintera.org/faf/home/default.asp?ievent=1106836>

Sun., 9/21

- Jimmy Fund Walk
4 walks of varying lengths (3-26 mi) along Marathon route;
\$300 minimum fundraising
www.jimmyfundwalk.org

Sat., 9/27

1. Run for Someone Else's Life: Samaritans Walk/Run (suicide prevention
hotline) VOLUNTEERS are also needed.
5k Artesani Park, 10AM
http://sami.convio.net/site/TR/Events/General?pg=entry&fr_id=1040
INFO ALSO AVAILABLE FROM BETH YOUNG
(Samariteens Volunteer, BHS 2015)
2. Walk to Cure Diabetes (Juvenile Diabetes),
Hatch Shell, 5k, 10:30 AM
http://www2.jdrf.org/site/TR?fr_id=2360&pg=entry

Sun., 9/28

1. Alzheimer's Memory Walk,
Paul Revere Park, Boston, 1.5 or 3.5 miles,
Start 8:30-10
www.alz.org/memorywalk
2. Race for the Cure (Susan G. Komen Foundation [Breast Cancer])
Moakley Park, South Boston
5k run/walk. 10:00; Registration fee \$25-30
www.komenmassrace.org *Volunteers also needed!*

Sun., 10/5

1. Making Strides for Breast Cancer, Hatch Shell,
5+miles
(*WALK WITH BELMONTIAN CLUB*, meet at
Alewife T, early AM—more info coming)
2. Dan Scharfman 5k Memorial Run & 1 mile Run/Walk
(Foundation for Belmont Education), BHS Track.
5k at 9:30; 1 mile at 10:45.

<http://www.fbe-belmont.org/news-events/dan-scharfman-memorial-run.aspx>

Thurs., 10/9

Light the Night Walk (Leukemia and Lymphoma)
Boston Common, 2 miles, 5:00PM

<http://pages.lighththenight.org/ma/BostonL14>

Sat., 10/19

Walk Now for Autism Speaks
Great Woods, Mansfield, 9-1

<http://www.walknowforautismspeaks.org/faf/home/default.asp?ievent=1103495>

Sat., 10/25

1. Walk to Prevent Suicide (American Foundation For Suicide Prevention)
3-5 mi.
Artesani Park, Brighton, 10AM

<http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=2586>

2. Walk to Defeat ALS (ALS Association)
Mother's Rest, Carson's Beach, South Boston,
3 mi., 10:30AM

http://webma.alsa.org/site/TR/Walks/Massachusetts?pg=entry&fr_id=10173

Sun., 10/26

1. National Kidney Foundation Walk,
Canal Park, Cambridge, 10:30
1 or 2 mi.

http://donate.kidney.org/site/TR/Walk/NewEngland?pg=entry&fr_id=5970

2. Brain Tumor Walk, 5K
Carson's Beach, Boston, 9AM
www.bostonbtwalk.org

Sat., 11/1

Breathe Deep Boston (Lung Cancer Walk)
Mother's Rest, Carson Beach
5k, 10:00 AM, Registration \$15
www.bostonlungcancerwalk.com

Sat., 11/22

Give Thanks Walk (St. Jude's Hospital—children's cancer),
Patriots Place, Foxborough, 9:00AM
www.givethankswalk.org

**CHARITY WALK,
RUN, & RACE
SERVICE CREDIT INFORMATION**

Each event is assigned a specific number of hours based on mileage rather than time. (The Walk for Hunger is 7 hours.) You can earn hours **ONLY IF YOU RAISE FUNDS** (minimum \$10). Simply walking in solidarity with the cause will **NOT** count.

A copy of your pledge sheet should be attached to your regular verification form and will act as the supervisor signature. (If you collected donations online, you may show Ms. Melnikoff a copy of your webpage instead).

EXTRA HOURS CAN BE EARNED:

For every 10 pledges or \$100 you raise (whichever works more to your advantage), you earn an extra ½ hour of service credit.