

Elementary Lunch Menu

October 2018

<http://www.belmont.k12.ma.us/bps/Home/Food-Services>



Do you want to track and make deposits to your student's account online? All you need is their ID number and then to visit the link below.
<https://www.myschoolbucks.com/>
 Please call our office at 617-993-5871 for ID number and any help.

P.A.C.K WEEK

P.A.C.K. Week is all about packing more colorful fruits and veggies into children's diets. If you pack a snack or lunch for your child, please pack a fruit or vegetable based on the color of the day.

Don't Forget to Submit your 2018-19 Free/Red App!!

Apply Online Here:

<https://www.nlappscloud.com/Default.aspx>

Meal Prices

Lunch: \$2.75
 Entrée or 2nd Entree: \$1.75
 8 Oz Milk: .50
 Fruit and veggies with all meals as well as milk!

Available Daily:

(V) PB&J on WG Bread
 Sandwich of the Day
 (V) Yogurt and Cheese Tray
 (V) Bagel Lunch Tray
 Chix Nuggets (Not Tuesday)

Questions: Please contact Dustin O'Brien, Food Service Director at 617-993-5871 or dobrien@belmont.k12.ma.us

(1) (V) Grilled Cheese w/ Tomato Soup Spicy Fries Fresh Peaches	(2) *Papa Gino's Pizza* (V) Cheese or Pepperoni Slice Roasted Cauliflower Carrot Sticks Diced Pears	(3) Mini Corn Dogs Sweet Corn Honey Mustard Mixed Greens Sliced Oranges	(4) Chicken Tenders w/ BBQ or Buffalo Sweet Corn Green Pepper Strips Mixed Fruit	(5) Crispy Bacon, Lettuce and Tomato Sub Roll WG Pretzels Fresh Grapes
(8) NO SCHOOL  COLUMBUS DAY	(9) (V) Cheese or Pepperoni Slice Steamed Broccoli Baby Carrots Diced Pears	(10) <u>Breakfast for Lunch</u> WG French Toast w/ Sausage Hash Brown Orange Juice Cups	(11) <u>Student Favorite</u> Meatball Sub w/ Melted Mozzarella Roasted Sweet Potatoes Fruit Mix	(12) <u>Build a Bowl!</u> Mashed Potatoes w/ Popcorn Chicken Sweet Corn Gravy & WG Roll Assorted Fruits
(15) PURPLE DAY! (V) Cheese Quesadilla Seasoned Rice Red Grapes Assorted Fruit	(16) BROWN DAY! (V) Cheese or Pepperoni Slice Roasted LOCAL Russet Potatoes Sliced Oranges	(17) RED DAY! Fajita Chicken Bowl w/ Cheddar Seasoned Rice and Black Beans Gala Apple	(18) YELLOW DAY! BYO Burger Bar Baked Fries Lettuce & Tomatoes WG Cookie Sliced Pineapple	(19) GREEN DAY! Toasted Turkey, Ham and Cheese WG Pretzels Fresh Pears
(22) (V) Creamy Macaroni & Cheese Garlic French Bread Tossed Caesar Salad Fresh Grapes	(23) (V) Cheese or Pepperoni Slice Roasted LOCAL Zucchini Apple Crisp w/ Whipped Cream	(24) Early Release Day!  No Lunches Served!	(25) Popcorn Chicken w/ BBQ, Honey Mustard or Buffalo Sauce Sweet Corn Diced Peaches	(26) WG Nacho Chips w/ Beef and Shredded Cheese Shredded Lettuce Kickin' Pinto Beans Diced Tomatoes
(29) Local Love! (V) Sal's Pizza w/ Marinara Sauce Green Beans Diced Pears	(30) (V) Cheese or Pepperoni Slice Roasted Sweet Potatoes Diced Pineapple	(31) Early Release Day!  No Lunches Served!	(11/1) American Chop Suey Steamed Peas Garlic French Bread Gala Apples	(11/2) Kayem All Beef Hot Dog Spiral Fries Tossed Caesar Salad Fresh Grapes